



THE MOST HOLY REDEEMER CATHOLIC CHURCH

Tel: 021 712 2210 or 021 - 712 1181
www.holyredeemer.co.za

Parish Priest: Fr. Gerard McCabe CSsR: gerardm@sky.com

Assistant Priest: Fr. Scott Davidson CSsR: kittiwake94@gmail.com

Office staff - Philippa Cecchini - parish@holyredeemer.co.za or
Theresa Ford - admin@holyredeemer.co.za.

OFFICE HOURS: MONDAY TO FRIDAY 9.00am – 2.30pm

Please pray for our sick: Andrew Nicolls, Barney Theunissen, Bailey Wichman, Belinda Low-Shang, Charles van Schoor, Christopher Eccles, Clement Newton, Colleen Nicholls, Crystal Herbert, Daniel Roux, Debbie Rinkwest, David Farelo, Denise Clarence, Denise Bessick, Diva Britow, Elise Petersen, Elijah Cottle, Evan Theunissen, Fabian Youde, Gabriel Lewis, Gerald Louw, Gerard Nicolls, Gerry Alfreds, Gloriana Cloete, Gloria Shanker, Graham Peskin, Joyce Asary, Jean Britow, Joan Avril Sayer Joseph Marman, Joan, Gladys, Corinne & Marlene Menigo, Leucetia Jacobs, Loretta Clarence, Lydia Hall, Maureen Louw, Maureen de Grill, Michael Werge, Michael Gorton, Paige Espey, Patsy Theunissen, Quintin Pavitt, Robin Koelman, Ronald Jonas, Shane Davids, Seina Malan and Sammy Basil Solomons.

Please pray for our recently deceased.

Annette Milner is offering her services for family or individual counselling as well as Dementia Support – Contact details: 083 710 0598.

GRIEF CIRCLES

Sheila 0836588149 sheila@soundandsilence.life or Ainsley 0732553028 ainsley@soundandsilence.life



GETTING MARRIED?

Firstly, make an appointment with either Fr Scott or Fr Gerard via the office. Please note this must be at least **6 months prior** to your planned date of marriage. They will guide you through the preparation required before the big day.



BAPTISM TRAINING CLASSES AND BAPTISMS

Firstly, make an appointment with either Fr Scott or Fr Gerard via the office. Prior to any baptisms taking place parents and Godparent's must attend baptism classes, contact **JESSICA DE VILLIERS 072 773 7622** regarding the classes.



HOSPITAL VISITS BY PRIESTS

To avoid any disappointment please let us know in advance of anyone you know going into hospital and if they would like a visit from a priest. You can give the name and ward number to Theresa in the office. **If you would like to be anointed before going into hospital for a procedure please ask to see a priest before you go in.**



CONFESSION TIMES:

Saturday morning from 9.00am – 10.00am
Saturday evenings from 5.00pm – 6.00pm

NOTICES

REPOSITORY

- The Joy of the Gospel Bible Diary for 2027. Contains the order of the Mass
- Liturgical Calendars for 2027
- Selection of gift items for First Holy Communion
- Variety of Faith themed candles
- We will as of the end of the second week in November start having Advent candle options available



BAPTISMS

The next Baptisms will take place on Sunday 1st November 2026.



LECTIO DIVINA - DIVINE READING

This is an ancient way of Praying with Scriptures
It is time to Slow Down Be Still and Listen Deeply to
GOD who speaks to your Heart

Come and be nourished in God's Presence
Through His Living Word

ALL WELCOME

TUESDAY MORNINGS: ADORATION CHAPEL 9:30 – 10:30

STARTING: **13 OCTOBER 2026**

Weekly attendance NOT compulsory

These are NOT Bible Study Classes

SECOND COLLECTIONS:

W/E 17/18 OCT – FEAST OF ST GERARD - REDEMPTORIST SICK & RETIREMENT FUND.

W/E 24/25 OCT – ARCHDIOCESE – WORLD MISSION SUNDAY

WEEKLY MASS INTENTIONS

SAT 17TH OCT 2026 TO SUN 25TH OCT 2026

YEAR A 29TH SUNDAY IN ORDINARY TIME PAGE 412

17th Sat	8.30am	Fr Martin Gay	RIP
	6.00pm	Dylan Sheraton Philippa Cecchini Shane Davids	Birthday Blessings Healing Healing
18th Sun	7.30am	Peter Meyer	RIP
	9.30am	Marina Back Jennifer Du Toit Yvonne Franks & Loretta Simpson Lydia Stober Stella Matthee	Healing RIP RIP RIP Thanksgiving for Birthday Blessings
	6.00pm	For all Matriculants	Blessings and Strength
19th Mon	8.30am	Leonard, Vivien & Arthur Craig Samuel Kannemeyer Margaret Ryklief (In memory of her birthday)	RIP RIP RIP
20th Tues	8.30am	Susan & Mike Maggott	RIP
21st Wed	8.30am	Thembisa Ngwane Douniama Jean Douniama	RIP RIP
22nd Thu	8.30am	Faye Hughes	Special Blessings
23rd Fri	8.30am	Emile De La Cruz Georgina Bedwell	RIP RIP
24th Sat	8.30am	Samuel Kannemeyer & Leonard Craig	RIP
	6.00pm	Philippa Cecchini Shane Davids	Healing Healing
25th Sun	7.30am	Thembisa Ngwane Douniama Jean Douniama	RIP RIP RIP
	9.30am	Irene Da Silva (In memory of her Birthday) Gerry Alfreds	Thanksgiving
	6.00pm	Mortuary List	All departed Souls RIP

REGULAR MONTHLY MEETINGS

Adoration Chapel	Fridays	9.00am – 6.00pm
Baptism Class	Saturday 21st Nov	10.00am – Adoration Chapel
Care & Craft Group	Every Tuesday	After 8.30 mass – Hall
Catholic Men's Ministry	1 st and 3 rd Monday	7.00pm – Hall
Co-Workers of Mother Teresa	Every 3 rd Saturday	9.30am – Hall
Dementia Support	Wed 28th Oct	10.00am - Hall
French Mass	Every 2nd & 4 th Sunday	2.30 -4pm – Church
Grief Circle	Saturday 14th Nov	9.30 – 11.00am – Adoration Chapel
Novena	Every Thursday	7.00pm – Church
RCIA	Every Tuesday	7.30pm - Hall
Rosary Group	Every Wednesday	After 8.30 mass – Church
Seniors Group	1 st & 3 rd Thurs	10.00am - Hall
St Vincent de Paul	1 st & 3 rd Tuesday	5.30pm – Edna Cottle
YAG	Wednesday 21 st Oct	7.00pm – Edna Cottle



Come and enjoy some fellowship with *coffee and tea* after 9.30am mass on Sunday mornings in the atrium.

UPCOMING EVENTS

18th OCTOBER - CATECHISTS DOUGHNUT SALES AFTER 7:30 & 9:30AM MASS

25th OCTOBER - MENS MINISTRY DOUGHNUT SALES AFTER 9:30AM MASS

30th OCTOBER - ANNUAL FOOD FAIR



Newsletter Insert 3 – World Mission Sunday, 18 October 2026

Today we celebrate **World Mission Sunday** and the **100th anniversary of this great missionary celebration of the universal Church**. Under the theme **“One in Christ, United in Mission,”** Catholics throughout the world are united today in prayer, solidarity and generosity. No matter where we live, what language we speak or what we are able to give, we belong to one family in Christ and share one mission: to make his love known. Your contribution today supports the Church in missionary communities throughout the world and also contributes to the **building and strengthening of the Church in South Africa, Botswana and Eswatini**. Please give generously, knowing that together we are helping the Church to grow and continue Christ's mission.

To learn more about the Pontifical Mission Societies and our work, please go to <https://missio-sacbc.org>



FOOD FAIR BOOKLETS ON SALE!

Our target is to sell 1,000 booklets! By buying your booklet early, you are helping us plan and prepare the catering for our Food Fair.

Calling All Home Bakers!

We're looking for our wonderful home bakers who would be willing to donate some of your **delicious baked goods** for our **Parish Annual Food Fair**.

Every contribution, big or small, will be greatly appreciated! ❤️
If you're able to help, please contact **Maria Murray on 063 281 3886**.

Thank you for supporting our parish and making our Food Fair a success! 🙏✨

SNAP SCAN



Ecclesia Leaflet for Monday, 19 October at 7.30pm

Lesson 5: Preparing for Sacrifice

Outline for Lesson 5



I. PREPARATION OF THE GIFTS

A. Offering of the gifts: bread, wine, water, and usually money

1. The self-offering of the assembly; giving God the best of ourselves
2. A sacrifice—giving part of God's creation back to him as a sign of love, gratitude, petition, and reverence
3. Indicates the main point of the Liturgy of the Eucharist: in union with Christ's sacrifice, we sacrifice ourselves to the Father

B. Berakah prayer: "Blessed are you, Lord God of all creation . . ."

C. Cleansing of the priest's hands

D. Hinge of the Mass: "Pray, brothers and sisters, that my sacrifice and yours . . ."

II. EUCHARISTIC PRAYER

A. The Preface

1. Series of three exchanges between priest and people
2. Lifting up our hearts to the mountaintop and beyond, to heaven
3. Right and just to give thanks to the Father

B. The Sanctus: praise in union with the heavenly liturgy

C. Priest praises God the Father

D. The First Epiclesis: calling forth the Holy Spirit to transform the bread and wine into the Body and Blood of Christ—Trinitarian action: "Asking the Father to send the Spirit to make present the Son."



Lesson 5
video:
Preparing for
Sacrifice
(23min)



The Real
Presence of
Christ in the
Eucharist
- Bishop Barron
(11min)

Ecclesia Leaflet for Monday, 26 October at 7.30pm

Lesson 6: The Real Presence Creates Communion

Outline for Lesson 6

I. TRANSUBSTANTIATION

- A. Priest's words change from third to first person as he repeats Jesus' words at the institution of the Eucharist: "Take this, all of you, and eat of it, for this is my Body, which will be given up for you."
- B. God's word does not describe, it creates
- C. Priest elevates host and chalice in an offering of Christ in sacramental form to the Father, which he does not need and which will return to us, enhanced
- D. Proclamation of the Mystery of Faith; outside of time—Christ past, present, and future
- E. Second Epiclesis: calling down the Spirit to conform us to what we are about to consume



II. INTERCESSIONS FOR THE CHURCH

- A. We are linked by virtue of our Baptism to every other person in the world, living and dead, throughout all of time
- B. Prayers for Pope, our local bishop, and those in Purgatory
- C. Invoke Mary, the Apostles, martyrs, and all the saints

III. THE GREAT DOXOLOGY

- A. "Through him, with him and in him . . ."
- B. Sacrificial offering of the Son to the Father in the unity of the Spirit to give glory to God

IV. THE LORD'S PRAYER

- A. Now configured to Jesus, we can address God as Abba, Father
- B. "Thy Kingdom come" has a particular application to the liturgy as the Mass is God's way of being here on earth
- C. "Give us this day our daily bread"—super-substantial bread

Ecclesia Leaflet for Monday, 26 October at 7.30pm

Lesson 6: The Real Presence Creates Communion

Outline for Lesson 6 continued

V. SIGN OF PEACE

- A. Only time the priest directly addresses Jesus Christ, who is now present
- B. Peace represents everything God wants for his people—everything that has been realized by Christ Jesus



VI. LAMB OF GOD

- A. Mass is also a sacred meal; a banquet of God's people in the presence of the Lord
- B. God wants to feed his people with his very life

VII. COMMUNION

- A. We feed on the Body and Blood of the Lord
- B. We become what we eat
- C. We are the unified Body of Christ

VIII. DISMISSAL

- A. Not meant to stay on God's holy mountain
- B. "We are gathered, we are fed, and finally we are sent" back into the world to evangelize



Lesson 6 video:
The Real
Presence Creates
Communion
(25min)



Father Mike
Schmitz –
The Point of the
Mass
(58s)

