



THE MOST HOLY REDEEMER CATHOLIC CHURCH

Tel: 021 712 2210 or 021 - 712 1181
www.holyredeemer.co.za

Parish Priest: Fr. Gerard McCabe CSsR: gerardm@sky.com
Assistant Priest: Fr. Scott Davidson CSsR: kittiwake94@gmail.com
Office staff - Philippa Cecchini - parish@holyredeemer.co.za or
Theresa Ford - admin@holyredeemer.co.za.

OFFICE HOURS: MONDAY TO FRIDAY 9.00am – 2.30pm

Please pray for our sick: Andrea Strydom, Andrew Nicolls, Belinda Low-Shang, Christopher Eccles Clement Newton, Colleen Nicholls, Crystal Herbert, Debbie Rinkwest, Edward Porter, Elijah Cottle, Evan Theunissen, Fabian Youde, Gerald Louw, Gerard Nicolls, Gerry Alfreds, Gloriana Cloete, Gloria Shanker, Graham Peskin, Irwin Robson, Joseph Marman, Joan, Gladys, Corinne & Marlene Menigo, Loretta Clarence, Lydia Stober, Lydia Hall, Maureen Louw, Maureen de Grill, Michael Werge, Michael Gorton, Michelle de Bruin, Paige Espey, Patsy Theunissen, Quintin Pavitt, Robin Koelman, Ronald Jonas and Sammy Basil Solomons.

Please pray for our recently deceased.

Angelo Menezes

Annette Milner will be away from 24 March to 13 April 2026. Please phone the office for any queries.

GRIEF CIRCLES

Sheila 0836588149 sheila@soundandsilence.life or Ainsley 0732553028 ainsley@soundandsilence.life



GETTING MARRIED?

Firstly, make an appointment with either Fr Scott or Fr Gerard via the office. Please note this must be at least **6 months prior** to your planned date of marriage. They will guide you through the preparation required before the big day.



BAPTISM TRAINING CLASSES AND BAPTISMS

Prior to any baptisms taking place, it is **ESSENTIAL** for all parents to contact: **JESSICA DE VILLIERS 072 773 7622** regarding Baptism Classes.



HOSPITAL VISITS BY PRIESTS

To avoid any disappointment please let us know in advance of anyone you know going into hospital and if they would like a visit from a priest. You can give the name and ward number to Theresa in the office. If you would like to be anointed before going into hospital for a procedure please ask to see a priest before you go in.



CONFESSION TIMES:

Saturday morning from 9.00am – 10.00am
Saturday evenings from 5.00pm – 6.00pm

NOTICES

REPOSITORY

- We still have Liturgical Calendars for 2026
- A variety of Children’s Books – Perhaps consider ordering the Living Faith for Kids for the next quarter April – June @R60ea. Daily readings with added activities like a crossword puzzle.
- Lent Reflections, New Stock of Rosaries, Home Altar Cloths, Wooden Crucifixes & Home Altars, a variety of faith themed bracelets for adults & children
- We have a variety of beautiful Lent and Easter candles – We are able to assist with personalised candles for all occasions



COFFEE & TEA AFTER 9.30 MASS EVERY SUNDAY



MARSHMALLOW EASTER EGGS

Howie and Odile are appealing for donations of marshmallow easter eggs for the children less fortunate in our community. They are most appreciative for all your support.

SELLING OF DOUGHNUTS AFTER 9.30am MASS

Please support the Men’s Ministry who are selling doughnuts after 9.30am Mass on the 1st and 3rd Sunday of the month. The proceeds will go towards their Spiritual Camp in November.

SNAP SCAN



WEEKLY MASS INTENTIONS

SAT 14TH MAR 2026 TO SUN 22ND MAR 2026

YEAR A 4TH SUNDAY OF LENT 106

14th Sat	8.30am	Andrea Strydom Sue Tuckniss Mortuary List	Healing RIP All departed Souls
	6.00pm		
15th Sun	7.30am	Helen Lategan Pray for peace in the Middle East	RIP
	9.30am	Lana Lesar Gerry Alfreds	Birthday Blessings Thanksgiving
	6.00pm	Maureen Kudsee Andrea Strydom	RIP Healing
16th Mon	8.30am	Dale de Waal	RIP
17th Tues	8.30am	Patrick & Eunice Jacobs	Thanksgiving
18th Wed	8.30am	Clara Engel Deva Britow	RIP Healing
19th Thur	8.30am	Cross Family Living & Deceased	
20th Fri	8.30am	Phonsus Almacin Andrea Strydom	Healing Healing
21st Sat	8.30am 6.00pm	For those on our sick prayer list Deceased Redemptorist Priests and Brothers	
22nd Sun	7.30am 9.30am 6.00pm	Mortuary List Irene Da Silva Gerry & Riana Alfreds Susan & Mike Maggott Andrea Strydom	All departed Souls RIP Special Intention RIP Healing

SECOND COLLECTION:

**W/E 14/15 March 2026 – 4th Sunday of Lent
W/E 21/22 March 2026 – 5th Sunday of Lent**



Easter Hampers Raffle

The **Co-workers of Mother Teresa** Bergvliet are selling tickets for their very popular Easter Hampers Raffle fundraiser before and after all Masses, outside the

church.

Tickets for Hampers cost only R10 each. All funds are for the Charitable Works of the Sisters in Khayelitsha.

The draw will be held before Easter. Winners will be informed telephonically.

CATHOLIC MENS MINISTRY

You are invited to walk with them on a Spiritual Journey experiencing the Stations of the Cross in a prayerful, scenic atmosphere.

Date: 21st March 2026

Time: 8.00am

Location: St Norbert Priory Kommetjie

Please see poster in the porch for more info.



PALM CROSSES

On Thursday 26th March we will be making Palm Crosses in the hall from 5.30 to 7.00pm. Parishioners are invited to come along and assist.

We will also be needing palm branches which can be dropped off at the hall on that Thursday. If we could ask parishioners to cut the leaves off the branches it would be a great help and time saver.



BAPTISM CLASS AND BAPTISM

The next baptism class will be on Sat 28th March and the Baptisms will take place on Sunday 12th

April.

MEETINGS & EVENTS

Adoration Chapel	Fridays	9.00am – 6.00pm
Baptism Class	Sat 28 th March	11.00am
Care & Craft Group	Every Tuesday	After 8.30 mass – Hall
Catholic Men's Ministry	1 st and 3 rd Monday	7.00pm – Hall
Co-Workers of Mother Teresa	Every 3 rd Saturday of the month.	9.30am – Hall
Finance Committee	Mon 23 rd March	7.00pm – Board Room
French Mass	Every 2 nd & 4 th Sunday	2.30 -4pm – Church
Novena	Every Thursday	7.00pm – Church
Palm Crosses	Wed 25 th March	5.30-7.30pm - Hall
RCIA	Every Tuesday	7.30pm – Edna Cottle Room
Rosary Group	Wednesdays	After 8.30 mass – Church
Seniors Group	1 st & 3 rd Thurs month	10.00am – Hall
St Vincent de Paul	1 st & 3 rd Wednesday of the month	5.30pm – Edna Cottle

DEMENTIA SUPPORT GROUP MEETING

When: Wednesday 25th March

Time: 10 am

Where: Parish Centre

Join this month's meeting and meet Rodele Naidu-

A physiotherapist providing home-based care with an interest in empowering seniors to reclaim their independence by focusing on enhancing balance, strength and reducing the risk of falls - allowing those who care for Dementia related issues to live well and thrive at home. **For more info contact:**

Annette Milner 083 7100 598 or Shirley Knoetze 073 944 1161

Holy Redeemer Catholic Church

LENTEN NOVENA 2026

7pm Thursdays



Every Friday at 7.00pm during **LENT**

We are excited to invite you to our **Schoenstatt Girls Lenten Rally Day** — a beautiful opportunity to slow down, reconnect, and experience God's presence in nature.

🌸 **Theme:** *Reconnecting with God in Nature*

📅 **Date:** 28 March

🕒 **Time:** 10:00 AM – 3:00 PM

📍 **Location:** Schoenstatt, Constantia

👧 **For Girls Aged:** 7–13

💰 **Cost:** R50 per child

The day will be filled with faith-building activities, creativity, reflection, and fun in the outdoors – a wonderful way for girls to grow spiritually while enjoying time with friends. The day will be joyfully led by our **four main young women leaders**, who are well-prepared and excited to guide the girls through a meaningful and engaging programme.

To book:

👉 Complete the form

here: <https://forms.gle/qFE1b3aUR7Kk6TPA>

Or

📞 Contact Micaela: 064 525 5433

The Family of God

March 19th Spirituality of Family Life

Fr Seán Wales, C.Ss.R.

March 26th Mercy in Family Life (Penitential Service)

Fr Scott Davidson, C.Ss.R.

