# Archdiocesan News

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A PUBLICATION OF THE CATHOLIC CHURCH OF CAPE TOWN • ISSUE NO. 105 • JULY-SEPTEMBER 2022 • INTERACTIVE EDITION\*

\*As an INTERACTIVE EDITION, all hyperlinks are highlighted in <mark>blue</mark>. Be sure to click on them for additional information.

**SYNOD 2021 - 2023** 

# FOR A SYNODAL CHURCH

#### The End of the Listening Phase

The first phase of this momentous Synod, the Listening Phase, has come and gone. How tempting for us to consider that our work in relation to the Synod is done. Parishes participated in the Listening Circles and produced reports, which were collated into an Archdiocesan Report and then into a Report from the Bishops' Conference, and sent to Rome.

#### **The Work Continues**

However, our work in realising the reality of the Synod is far from over. Archbishop Brislin issued and presented, at the Mass for the closing of the First Phase, the "Exhortation for a Synodal Church" (see below).

This excellent document spells out the work that now needs to happen in parishes and in the Archdiocese.

Immediately, there is the task of displaying the Exhortation and explaining its contents in each of the parishes.

Clearly there is work to be done.

# The Understanding of a Synodal Church – Embracing Communion, Participation and Mission

In terms of this, there needs to be an understanding of what it means for the Church to be Synodal.

The Foundational Principles are: Communion, Participation and Mission.

Synodality means becoming Communion, in which every member is encouraged and given the opportunity to Participate in the life of the Church for the realization of her Mission.

In practical terms this demands the forming of communion/community, the engaging of all who are in communion to participate and be actively engaged in the realization of communion and the mission of the Church.

Essentially this mission is the reconciliation and restoration of all things in Jesus Christ. This immediately speaks of communion and participation.

#### **Evangelisation - The Key Issue**

In order to achieve this, Evangelization stands out as the key issue/reality and activity to be promoted and realised.

The work continues. Perhaps the Evangelization of all in parishes will be the greatest challenge.

#### The Issue of Listening – Listening Circles

Against the consideration of the application of these foundations of a Synodal Church, there lies the whole listening issue, where all who are on the Journey of Life need to be listened to and heard.

Such a process of participative listening allows us to begin to hear what the Spirit is saying to us and the Church as a whole.

As an expression of how foundational this is to the Church, we need to reflect carefully on Acts 15:1-12.

This needs to become more and more who we are and how we do things as a parish/Church life. The Listening Circles need to be widely used in looking at all the issues of parish/Church life. They are an incredibly powerful

### Sorting out the Issues – A Starting Point for New PPCs

Even more practical is the work that needs to be done in sorting out the issues raised in each parish in the Listening Phase. This is a wonderful starting point for the new Parish Pastoral Councils to tackle the way forward for the pastoral life of every parish.

In time, when the collated responses of the Archdiocese are released, this will be another document to work on.

#### The Synod – A New Way of being Church

The Synod challenges us to a new way of being Church and to a new realisation of her life and mission.

Mgr Andrew Borello



BISHOPS' STATEMENT: The Southern African Catholic Bishops' Conference (SACBC) met from 1-5 August 2022 at Mariannhill, KZN. Issues raised were: The continued preoccupation of our leaders with self-enrichment, party politics and factional battles; The need to regularly review the adverse impact of structural reforms on the poor; The persistent gap between the rich and the poor; The vast disparities between the rural and urban economies; The Eskom Crisis, as well as Transnet's failing rail infrastructure; The need for parties to work together in fixing failed municipalities; All implicated in state capture and other forms of corruption must be held to account; The need to stop the culture of cable theft, non-payment of municipal rates, vandalism, and damage to infrastructure. Please read the Bishops' Statement on page 7.

# A NEW VISION FOR PARISH LEADERSHIP

In promulgating the new PPC statutes for the Archdiocese, Archbishop Stephen Brislin has heralded in a fresh, revitalised vision for the operation of Parish Pastoral Councils.

This new vision encourages parish leadership to take a dynamic, missionary approach to embrace the Missionary Mandate given to us by Jesus himself. The Catechism of the Catholic Church refers to Matthew's gospel 28:19-20 as the great commission and the essence of this Mandate: 'Go therefore and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, until the close of the age.'

Pope Francis echoes this call and reminds us of the need for change and renewal:

...if the parish proves capable of self-renewal and constant adaptivity, it continues to be the Church living in the midst of the homes of her sons and daughters. This presumes that it really is in contact with the homes and the lives of its people, and does not become a useless structure out of touch with people or a self-absorbed group made up of a chosen few. Evangelii Gaudium # 28

In the following statement he paints a gloomy picture, one that I believe many of us agree with: We must admit, though, that the call to review and renew our parishes has not yet sufficed to bring them nearer to people, to make them environments of living communion and participation, and to make them completely mission-oriented. Evangelii Gaudium # 28

The recent Synod, in which all parishes participated, gave a voice to parishioners which shows a call for renewal, creativity, relevance and a revival of the beloved treasures in our Catholic faith.

Realising that this call to renewal will require a new approach, the Archdiocese offers an organisational framework which incorporates five broad pillars for each parish to adopt:

1. VISION: The parish needs a clear vision of how it intends to achieve the Missionary Mandate.

**2. STRUCTURE:** The PPC needs an organisational structure which clearly sets out the main functions (portfolios) necessary to achieve its mandate.

**3. STRATEGY:** Clear objectives and action plans need to be developed for each ministry which move the parish closer to its vision.

**4. CULTURE:** A culture which supports the vision needs to be developed in the parish.

**5. LEADERSHIP:** The PPC members, together with the parish priest, are encouraged to embrace a collaborative, visionary leadership style as they lead the parishioners towards the vision.

These elements may seem to be more suited to a commercial organisation than a faith-based one. The truth is that all groupings of people who share a common purpose need to incorporate aspects of these five elements in order to grow and be sustainable. Our parishes are no different. If we ignore this truth and shun these ideas as irrelevant to our Church we stand the risk of perpetuating our failure to heed the call for renewal as lamented by Pope Francis.

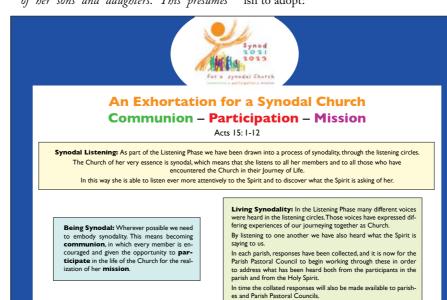
Further to this the Southern African Catholic Bishops' Conference Pastoral Plan lays out critical focus areas that should be prioritised by our parishes. Based on this the PPC statutes suggest seven areas of responsibility (portfolios) for parishes to consider:

- 1. Evangelisation
- 2. Faith Formation
- 3. Parish Community Development
- 4. Marriage and Family
- 5. Youth
- 6. Community Engagement
- 7. Liturgy

In order for parishes to accomplish their mission, it is suggested that the PPC's structure themselves around these seven portfolios. This means that the members of the PPC each be allocated a specific accountability for one of the seven portfolios, thus following a time honoured organisational wisdom.

The Centre for Pastoral Development (CPD) under the leadership of Father Zane Godwin, understanding the importance of this new and exciting direction has developed a strategy to assist parishes to embark on this journey of renewal:

Continued on page 3



It is for each parishioner to familiarize themselves with the contents of the Exhortation, as it is vital for the on-going realization of the Synod.

# CATHOLIC YOUTH CHAPLAINCY

Greetings from the Youth Office

We are happy to see parishes getting their youth programmes running again as we enter a 'post-covid' era. We encourage all groups to not only revert to the 'normal' way of doing things, but to look at different opportunities that will answer the call of your parish or group's young people through what they have said in the synod process. We are excited that the new  $\ensuremath{\mathbf{PPC}}$  statutes requires a young person to be appointed to represent youth on the PPC. We hope that each parish will take this responsibility seriously and appoint people that will effectively lead this very

much needed portfolio.

This year our local Mission Team has thoroughly enjoyed engaging with the youth of our archdiocese through running camps, retreats and youth events. Please contact us at youthchaplaincy@gmail.com to book our Mission Team or if you are a confirmed young adult, passionate about our youth and are interested in joining our team. We are also taking bookings

Please see our posters for our upcoming events, we hope to see you there!









ABOVE: Theology on Tap with speaker Sarah Leah at Bossa Woodbridge discussing God's will and suffering





Holy Redeemer Confirmation Camp (above & below)



**ABOVE: St Phillip's Confirmation Retreat Day** 





bition and Sporting event. Ministry Exh

Date: 01 OCTOBER 2022

Time: from 08:30 – 15:00 Refreshments will be on sale Venue: St Joseph's College, Rondebosch

ENTER A 5-ASIDE SOCCER AND/OR NETBALL YOUTH AND YOUNG ADULTS TEAM. Age group to enter 16-35 years

For More Information and to Enter - Contact: youthchaplaincy@gmail.com before 24 Sep 2022





**ABOVE & BELOW: South African Council of Churches** Western Cape Youth Ministry strategic planning weekend



# JOIN OUR MISSION TEAM!

We are here to help schools and parishes by running talks, camps and retreats for youth, confirmation and young adults

If you're a confirmed young adult, passionate, have experience in Youth Ministry and are keen to volunteer on this team, please contact us at youthchaplaincy@gmail.com for more information.









The Archdiocesan FESTIVAL OF NATIONS MASS took place at Athlone Civic Centre on 25 September 2022. It was well attended, with many wearing traditional attire. The Mass was followed by a Bring and Share of traditional foods. The above pics show a snapshot of the assembly, traditional flags (left), and the Ukrainian attendees (above). Pics: Bernie Daries





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#### LEADERSHIP TRAINING

The Centre for Pastoral Development (CPD) has developed and tested an in-depth training programme which assists parish leadership as they journey to achieve their Missionary Mandate.

#### ONGOING SUPPORT

The CPD is currently setting up support teams which mirror the seven parish portfolios. This means that each parish portfolio will have a dedicated person or team which it can call on for assistance.

#### PARISH CULTURE SURVEY

A survey has been developed and tested with the aim of giving the parish leadership feedback from parishioners on how they perceive the parish is doing in each of the seven portfolios. This information will prove invaluable to the portfolio co-ordinators in planning the way forward.

#### SUMMARY

This is the perfect timing for introducing these changes as it coincides with the election of new PPC members. It is also a fitting time as we emerge from the dark days of the pandemic, give thanks for our deliverance and solemnly vow not to return to the old normal but to create a better world for all our people.

The CPD has a number of activities planned for the near future, one of which is a leadership training event the details of which will be communicated soon.

Can you imagine the impact our Church could have in the communities it serves if all our parishes in the Archdiocese seize this opportunity to live out the Missionary Mandate? Let us answer the call by Pope Francis to review and renew our parishes and become completely mission-oriented.

#### Nick Bickell

A member of the CPD Advisory Team

If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up! ... Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

Ecclesiastes 4:9-12





ARCHDIOCESAN NEWS July-September 2022





# OUR LADY QUEEN OF PEACE 60TH JUBILEE CELEBRATION



Liturgically the Church celebrates a memorial in honour of the Queenship of Mary on the 22nd of August. It was a fitting occasion to coincide with the parish of Grassy Park celebrating the 60th Jubilee of the blessing and opening of Our Lady Queen of Peace Church in First Road, Grassy Park by his Grace Archbishop Owen McCann on the 25th of June 1962. Due to Covid-19 restrictions, the celebrations of this milestone event were deferred to Monday the 22nd of August 2022.

A gathering of past and present parishioners and clergy on a rather chilly winter's evening soon turned out to be a heart-warming celebration. The significance of being present to celebrate, meet past acquaintances and reminisce the past, give attention to the present and have hope for the future in the three churches of Our Lady Queen of Peace, Saint Gerard, and Saint Clement soon quelled the chill of the evening.

Our evening celebration was marked by a celebratory Mass offered by Archbishop Stephen Brislin, and concelebrants were Fathers Baiju Mundackal MSFS (Parish Priest); Job Kaleekaparampil MSFS; Sean Wales CSsR; Sean Collins CSsR; Cecil Dowling CSsR; Joseph Udoudo CSsR and Deacon John Sheraton. Archbishop Brislin represented the diocesan clergy and the laity of the archdiocese who had contributed to the progression of the parish. The Redemptorist and Fransalian Religious Congregations represented the various religious congregations who worked tirelessly in the birthing, infancy, and maturity of the parish of Grassy Park, thereby making the Mission of Christ and his people a tangible presence in the local district of Grassy Park, Lotus River and Parkwood.

The proceedings of the evening got well underway with a warm welcome from Parish Pastoral Council chairperson Mr Desmond Matthews. Following the welcome, Mrs Marilyn Daniels narrated the history of Grassy Park Parish





which goes back as far as August 1925. An account of the history of the Grassy Park parish, which makes an interesting read, can be found in a link at the end of this article.

Archbishop Stephen Brislin, in the introduction to his homily, spoke of the symbolism associated with celebrating 60 years, which is also known as a Diamond Jubilee. The diamond is a mineral composed of pure carbon and is the hardest naturally occurring substance known. After it has been unearthed in its rough form it will undergo a process of fashioning and polishing which will give its final value. Some 60 years ago the parish of Grassy Park began its humble beginnings on the sandy plains of the Cape Flats, and like a pure carbon stone, a diamond in the rough having been unearthed, it has now transformed into a vibrant community of faith.

The hardness, brilliance, and sparkle of diamonds make them unsurpassed as gems. In the symbolism of gemstones, the diamond represents steadfast love, faithfulness, light, and wisdom. This personifies God's outpouring nature upon our parish and his desire for us to respond through these qualities as living stones of the Gospel into the diversity of our broader community. This is what our celebration is all about, embracing the growing pains, the milestones we have achieved, and the moments of joy for which there were many to celebrate, and not forgetting the beautiful Souls known and unknown who had put their hands to the plough and never looked back. We also shared in the large decorative and delicious cake that marked the occasion which was cut by Archbishop Stephen Brislin. During the celebration, the Archbishop unveiled the photographs of all the parish priests who served the parish for the last 60 years. The evening proceeded with a celebration of treats, laughter, and continuing the reacquaintances of old.

For the history of Grassy Park parish, go to this online link https://adct.org.za/history-of-grassy-park-parish/

Shawn Lotters

# Fish Hoek youth celebrate World Day for Grandparents and the Elderly

Responding to the Pope's World Day for Grandparents and the Elderly, the Youth Group of St John the Evangelist, Fish Hoek did not disappoint!

Celebrations started with a solemn Mass (of course), celebrated by parish priest Fr Subeesh, and concluded with a blessing for the grandparents...

The Youth Group organized a sit down lunch for 70 senior parishioners, complete with live entertainment provided by the young people themselves. The elders were full of praise in person and on the parish social media. Some thoughtful touches included parcels for parishioners in the old age homes who could not make it to the event, and congratulatory chocolates for the longest married couples.

For more pictures of the event please check out the <u>Fish Hoek Facebook</u> page

Magda Kuś









Caritas Cape Town ("CCT") was established by Archbishop Stephen Brislin in November 2020 with the aim of co-ordinating social outreach activities within the Archdiocese of Cape Town.

August 2022 was a busy month for CCT. Firstly, it launched its new website. We would invite you to check it out at https://caritas. capetown/ so you can learn more about the CCT team, Board and the work that CCT does in local communities through its support of parish projects, parish workshops, emergency disaster relief program and the social development group network.

Secondly CCT is delighted to announce that it is now a registered public benefit organisation (PBO 930074278) with SARS. It has been approved for purposes of section 18A(1)(a) of the Income Tax Act No 58 of 1962 meaning that donations to CCT will be tax deductible in the hands of the donor in terms of and subject to the limitations prescribed in section 18A of that Act.

We also want to take this opportunity to thank everyone who responded to the CCT Disaster Relief Winter Appeal 2022. We have been humbled by the many parishes

## **Co-ordinating Social Outreach activities** in the Archdiocese of Cape Town

who have made financial donations as: Blankets; bed linen; pots; pans; and donated pre-loved clothes, blankets and household items to the appeal. Many others have answered the call by picking up their knitting can be dropped off or collected from needles to knit winter items and for that we are very grateful. We will continue with the appeal throughout the coming months so please continue to collect any unwanted clothes and household items such to make a financial donation to

Lawrence Road, Athlone.

For parishioners who would like

cutlery; mattresses; dishes; plastic containers; clothes (adult & children); school uniforms. These your local parish by CCT and will be sorted, stored and distributed from the CCT headquarters at 146



Members of the CCT team along with members of SVP recently attending The Warehouse 'Respond' training workshop on a collective response by churches to those in need following disasters. L-R: White Chirwa (CCT), Eugene Jackson (Operations Officer CCT), Aisling Foley (Co-ordinator CCT), Vernon Hendricks (SVP), Lester Sedras (The Warehouse) and Claude Philander (SVP)

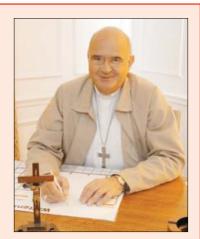
this appeal please mark it "Disaster Relief". The bank details for CCT are as follows:

Name: Caritas Cape Town Standard Bank Account No: 270960759 Branch: 020909 Reference: "Disaster Relief"

We are also welcoming volunteers to help us sort these donations at our Athlone offices, so please contact Aisling Foley (CCT Co-ordinator) coordinator@caritas.capetown Cell: 069 126 4841.

> **Aisling Foley** Co-ordinator





We are all struggling with the ongoing load-shedding. Putting up with it for the moment is difficult enough, but knowing that it is going to continue for some time to come makes it much more unbearable. Hopefully, it is also helping us to long for the true light - Jesus Christ (cf. Jn 8:12). But we should not forget, either, that one of the things that he said is that we do not light a lamp to cover it with a bowl or to put it under a bed. It must be put on a lamp-stand so that people may see the light (cf. Lk 8:16ff). We are called to be "light for the world" (Matt 5:14). But more of that later.

Load-shedding is not the only factor in the negativity and desperation that is afflicting us a country. The general sense of lawlessness is pervasive and may cause us to despair and to lose hope. The lawlessness is present at every level and in every sector of our society. Many people live in fear and often those who wish to be honest are penalised and, in the case of some "whistleblowers", have even lost their lives. Recognizing this lawlessness, though, should not blind us to the many people – at every level and in every sector of society – who are striving to make a positive difference and who are people of integrity.

As Jesus' disciples our present situation should make us even more determined to be "light to the world". Giving in to despair would be a negation of the hope we have within us and an abandonment of our mission to bring Christ's light into the world. It all starts with our own commitment to live a life of honesty and integrity. Too often we can be negligent in our own behaviour of infringing the law – even if we consider them only "minor" infringements. Too often we can also find the infringements (even if they are "minor") of others as being clever or justified. Our default position, as Christians, is to be law-abiding citizens, remembering that the law is there to protect the rights, dignity and lives of others. Life is not just about ourselves. We also have to be aware of our role in protecting and enhancing the lives of others – Covid has brought home that message of being our "brother's keeper" in a strong way.

So, in these days of darkness, let us re-commit ourselves to "lead a life worthy of the vocation to which we have been called" (cf. Eph 4:1) and put on "the full armour of God" (cf. Eph 6:11) by living a life of honesty, integrity and sharing, as we strive for justice and truth. And let us make sure that we abide by the law faithfully! The old adage "not all the darkness in the world can extinguish the light of one small candle" holds true. We can make a positive difference and we can be instrumental in bringing about change for the better. May your light shine.

+ Afelm mish

+Stephen Brislin **Archbishop of Cape Town** 

Cost of a Bucket Bank: Standard Bank Account Name: Caritas Cape Town Account Number: 270960759

Reference: Bucket of Love Branch: Thibault Square Universal Branch Code: 051001 Swift Code: SBZA ZA ||

Join us in donating goods, cash and your valuable time to feed

families from marginalised communities over the Christmas period

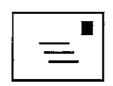
Buckets of Love 2022

Feed a Family this Christmas

Funds collected by 28 Nov 2022 Packing and distribution between 8-14 December 2022



Contact: 069 127 4091. Email: operations@caritas.capetown



## Lettens to The Editor

Articles, letters and advertisements should reach us by 15 November 2022 for the October - December 2022 edition.

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#### BISHOPS GATHER FOR IMBISA PLENARY IN NAMIBIA



The Bishops of the IMBISA Region (Inter-Regional Meeting of Bishops of Southern Africa) gathered for their 13th plenary assembly in Windhoek, Namibia from 22 to 27 September 2022. The theme for the assembly was "Building forward together: Reimagining the Church's Engagement with young people in the IMBISA region in the light of Pope Francis' Exhortation, Christus Vivit."



#### **FOCUS ON VOCATIONS**

### The Internship

For a seminarian, Pastoral Internship is a six-month practical hands-on experience within an active parish environment. Having completed Philosophy and my second year of Theology at St John Vianney Seminary in Pretoria for the Archdiocese of Cape Town, I was assigned to the parish of St Raphael's, Khayelitsha for my internship, the supervisor priest being Fr Pierre Goldie. The parish of St Raphael's consists of three churches: St Raphael's, All Saints, and St Theresa's

Six months before going on internship - when I learned that I would be going to Khayelitsha - I began to feel stressed and anxious. I did not know what to expect. To my ignorant surprise, the people were absolutely beautiful - they were kind, loving and very accommodating, treating me like family. The advice I received was to love and appreciate the people around me, and that is what I did. This resulted in receiving the same treatment I gave them. What I appreciated the most is the patience they had with me, especially with regard to my limited knowledge of isiXhosa.

An essential part of the internship is the lay support group, i.e. a group of 6-10 people from the parish who can challenge and support the seminarian as he discerns his vocation and exercises his ministry as a "mini priest". The lay support group was one of my main concerns when coming to St Raphael's. I thought it would be difficult to find people to assist me, but Fr Pierre was a great help in this regard.

Our first official meeting was Saturday 29 January 2022 at St Raphael's Church's presbytery. The first meeting was incredible – the group showed me great support and encouragement, and great willingness to help me grow. I was fortunate to have members representing all three churches – St Raphael's, All Saints, and St Theresa's. I felt that this way I could be monitored and guided across all areas. For me, the highlight of the lay support group is their experience of parish life and their ability to teach and guide me on my journey. It was an absolutely amazing experience.

I kicked off my internship by conducting my first ever morning of recollection with the youth of the parish. The day got off to a slow start, especially where attendance was concerned, but we eventually had more than 20 teenagers, which I felt was a great success.

I spoke to them about my vocation and life before the seminary, and also conducted an exposition of the Blessed Sacrament, adoration, and the rosary. I concluded the morning with a presentation on the ten steps of growing and maintaining one's faith and then gathered for something to eat and general conversation. I definitely intend to have more retreats in the future. I am also very grateful to be given the chance to lead, guide, and educate the youth of the parish, as the youth are one of my passions.

Another highlight of my internship was attending to the sick in the parish, and distributing Holy Communion to them. It was, and remains, an awesome and humbling experience. Even though there was a language barrier they appreciated it and were very accommodating.

I have always known myself to be an introvert and lacking self-confidence, even in the seminary. The idea of going on internship initially felt terrifying to me, and I felt stressed that I was to be dealing with real par-

ish situations. However, after being received so warmly and lovingly by the community things changed enormously. As a result, I began reflecting on the reason why I was on this journey (to Priesthood) and have learnt that all my fears and anxieties were just about me being selfish, thinking only about myself – and not realizing that the journey I am on is not about me, but about God's people and the need they have for God. After giving God all my fears and anxieties things have never been better.

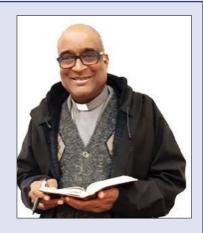
Allowing God to do his will with me was by far the greatest decision I have ever made. There were, of course, times when I fell short of his trust, becoming overconfident and self-reliant, especially when things were going well. Another lesson was that of empathy – allowing myself to walk in someone else's shoes and immersing myself in their situation. This has helped me to love and serve with an open heart. This was indeed a gift from the Holy Spirit, an opportunity to be a new me.

I can confidently say that internship at St Raphael's was a wonderful experience. It was truly a joy to be there.

Grant Junaid Stevens Seminarian



# From the BOOK



#### The Cross of Christ

The feast of the Exaltation of the Cross on 14 September gave us an opportunity to reflect on the mystery of the Cross. For those who make use of the Universalis software, the "about today" section for 14 September gave a useful rationale for the celebration of the feast. In this reflection I wish to comment on the Cross and perhaps to show how we can embrace the Cross so as to authenticate our following of Christ to a greater extent.

#### The Cross is always difficult

This has been so from the beginning. In the Synoptic Gospels, whenever Jesus spoke about the Cross, his disciples fought either with him (cf. Mk 8:32 and parallel texts) or amongst themselves (cf. Mk 9:33-34). Their preoccupation was with places of honour and greatness and that caused antagonism among them (cf. Mk 10:35-41). The original text of Mk 10:41 indicates that the others were "incensed" at James and John.

In the first letter to the Corinthians Paul points out that the Cross was foolishness to the Greeks and a scandal to the Jews but to those who are on the way to salvation, it is the power and the wisdom of God (1 Cor 1:18ff). The Cross has always been difficult to take.

#### The Cross looked for in wrong places

One of the ways to bypass the Cross is to look for it in the wrong places. From time to time, on account of fractured relationships, one hears statements indicating that one person or another constitutes the cross in someone's life. While it is unpleasant to have to deal with persons we do not like and even with toxic persons, fractured relationships cannot be equated with the Cross. The Cross brings redemption, at times even through pain, but the Cross is associated with holiness. Perhaps we have conditioned ourselves to look for holiness in antiseptic places, resulting in our finding it only in aesthetically beautiful places.

#### Where then is the right place to look for the Cross?

St Paul reminds us that when we suffer in the body we are joined to Christ — making up for what is lacking in the Church (cf. Col 1:24). This makes of sickness a means of embracing the Cross. Another way of touching the Cross is when we celebrate Mass. Once again we look to Paul. He states that every time we do the Eucharistic action we proclaim the Lord's death until he comes again (1 Cor 11:26). This is also one of the mysterium fidei formulae in the Roman Missal. When we celebrate Mass, the Cross is lifted from the rocks of Calvary and planted in the midst of the worshipping assembly. Fulton Sheen's Calvary and the Mass eloquently conveys this notion.

#### **Our Contemplation of the Cross**

A mistake commonly made is to associate the Cross exclusively with suffering. The Cross is also the focal point of the Church's contemplation. As an Oblate of Mary Immaculate I was formed to look at the world through the eyes of the crucified Christ. This was based on the teaching of St Paul, that while he was with the Corinthians he chose to know only of Christ and of him as the crucified one (1 Cor 2:2 – in fact read the section going from 1 Cor 1:18 – 2:5).

What did the crucified Christ see from his Cross? Bearing in mind that the cross was large enough for a fully grown man and that Calvary was a hill, he must have had quite a view. On the one side he would have seen the rubbish dump of the city. In the distance he would have seen the Palace of Herod — a veritable symbol of oppression and of corrupt government. Not too far away he would have seen the Temple — a symbol of corrupt religion. He would have seen the road on which he healed the woman with the haemorrhage and also the place where he healed the defective vision of Bartimaeus. It is possible that he also saw the tree which Zacchaeus climbed to see him.

Closer to him he would have seen two thieves one on each side of him. At the foot of his Cross he would have seen other rogues gambling for his clothes. He would have heard the fickle crowd shouting: "crucify him". Ten days earlier they were singing "Hosanna" but now they chose Barabbas – a word which means son of the father. They chose the wrong son of the wrong father, and they mocked and scourged Jesus. Not too far away he saw his Mother and realising that he faced an orphaned world, he gave to that world the gift of his Mother (Jn 19:27). And after he had taken every insult that could ever be hurled and after he had absorbed every blow that could ever be laid on the innocent, from the pulpit of the Cross he will make the most amazing announcement: "Father, forgive them for they know not what they do" (Lk 23:34). It is only when I can hear that statement spoken from the Cross – and hear it with the ears of faith – that I know that my contemplation has been real.

+ Sylvester Laird

+Sylvester David OMI Auxiliary Bishop of Cape Town



Southern African Catholic Bishops' Conference

#### STATEMENT ON THE ECONOMY, HIGH LEVELS OF UNEMPLOYMENT AND COST OF LIVING

We, the bishops of the Southern African Catholic Bishops' Conference, are concerned about the current high levels of unemployment and the rising cost of living and how they disproportionately impact the lives of those at the margins of the economy. Both the high levels of unemployment and the cost of living are pushing more people into higher levels of household debt and deep poverty. We call on the government, business and those with influence and power to take note and action about the issues we raise below.

#### We denounce the continued preoccupation of our leaders with self-enrichment, party politics and factional battles

Amid this national crisis, it is sad that the focus of our political leaders remains fixed on narrow vested interests and not on issues important to ordinary citizens, particularly the homeless, the unemployed, and the hungry. In the strongest terms possible, we denounce the continued preoccupation of our leaders with self-enrichment, party politics and factional battles at a time when the majority in this country are struggling to make ends meet. We urgently appeal to the government to initiate more, robust measures to address the fuel and food price hike

#### The need to regularly review the adverse impact of structural reforms on the poor

Another concern for us is how the most vulnerable in our country are disproportionately bearing the social impacts of structural reforms and fiscal consolidation. While acknowledging the country's need to urgently tackle the structural barriers to growth, we appeal to the government to introduce stronger social review mechanism so as to ensure that the austerity measures and other structural reforms are regularly reviewed not solely in terms of economic efficiency, but also in terms of their adverse impact on the poor.

We ask that the social review of austerity measures be undertaken particularly with respect to the basic education sector and health sector, having due regard to how budget cuts in such sectors reenforce the two-tiered system of education and health services, with the poor condemned to sub-standard services while the rich continue to access a high standard of education and health services.

We are scandalised by the government's decision to increase the salaries of ministers, premiers, MECs and Members of Parliament by 3 per cent. This decision on salary increases for politicians shows that the Independent Commission for the Remuneration of Public Office-Bearers and the government are insensitive to the plight of the poor and the financial hardships that many ordinary citizens are going through during this time.

#### The persistent gap between the rich and the poor

We are concerned about the persistent gap between the rich and the poor in our country and how it continues to impose great risk to the country's economic growth and national security, creating conditions that could fuel violent unrest and social instability. Structural reforms to address the barriers to growth will not result in integral human development if there is an increased indifference to the country's economic inequalities and the need for economic transformation, particularly concerning land inequalities, mining, and agriculture

#### The vast disparities between the rural and urban economies

Of particular concern to us is the vast disparities between the rural and urban economies, which have resulted in the exclusion of the rural poor from equal and significant participation in the country's economy. Our rural economies continue to suffer from severe neglect regarding educational opportunities, viable municipalities, and public and private investments. Our rural youth find it hard to find jobs when the building of rural economies is grounded solely on mining, manufacturing, and agricultural sectors, which are characterised by increased automation and an exploitative labour system.

We, therefore, call on the government to invest more in building thriving and self-sustaining rural economies, including self-sustaining village economies, that generate massive job creation for the rural youth, including those classified as skilled labour.

#### The Eskom Crisis, as well as Transnet's failing rail infrastructure

We remind the government of the urgent need to address the load shedding and the Eskom Crisis, as well as Transnet's failing rail infrastructure, which negatively impacts the lives of the poor and the prospects of economic recovery. In the interest of inclusion, the much talked about decentralisation of energy production into private business must include viable models of community-private partnerships that ensure significant economic benefits to the people in the rural areas, particularly with respect to large-scale solar and wind projects.

#### Parties need to work together in fixing failed municipalities

Considering that municipalities provide most of the services important for lifting people out of poverty, we make a strong call on all political parties in our country, particularly those deeply involved in unhealthy coalition politics, to set aside their political differences and work together to fix failed municipalities. The fixing of financial and capacity issues in municipalities should include finding ways of building self-sustaining township economies and village-based economies grounded on small-scale producers and small business development

#### All implicated in state capture and other forms of corruption must be held to account

It is clear to us that the benefits of growth are not adequately reaching the poor mainly because of corruption, wasteful expenditure, incompetence, and mismanagement of government funds. We find this to be morally unacceptable. At a time when many people are struggling to make ends meet, we firmly denounce the failure of the government to address accountability issues and consequence management in such matters.

The fight against corruption should be guided by the good of the nation and not by blind loyalty to political parties and factional interests. We ask the government to ensure that those implicated in state capture and other forms of corruption are held to account irrespective of their affiliation to a particular political party and faction

#### Stop the culture of cable theft, non-payment of municipal rates, vandalism, and damage to infrastructure

Africans that each of us is respon economy, including the municipalities and state-owned enterprises. This includes working together as communities to stop the culture of cable theft, non-payment of municipal rates, vandalism, and damage to infrastructure. We also call on the citizens to use whatever opportunity and means available to grow their own food and earn some income instead of expecting everything from the government.

#### We ask God to continue healing our economy

We promise our prayers for families struggling with current economic hardships and call on those who can, to be moved to do something about the plight of their brothers and sisters "so that by the power of the Holy Spirit they may abound in hope" (Romans 15:23). Sustained by the Risen Christ, our hope (1 Corinthians 15:12), we ask God to continue healing our economy so that it becomes a just and inclusive economy that works for the benefit of all.



08 August 2022



# Kolping SA tackle the scourge of violence

On 30 July 2022, Kolping South Africa came together to find out what Kolping Families can do about the scourge of violence against women and children in our homes. We are called to love each other, but it seems we are becoming more and more vio-

The group really dug deep identifying that violence happens in relationships of 'love'. Men against women, women against men, men and women against children. There are many factors contributing towards our violent behaviours. We are not all guilty of physical violence, but we are all responsible for taking care of each other. We HAVE to take action.

Fr Emmanuel opened the workshop with a spiritual reflection, while the President of the Board, Zukile Tom, joined online thanking members for their time and commitment to dealing with this issue of violence. Derrick Grootboom, a board member, shared his experience as a regional state prosecutor giving examples of cases he has dealt with and pointing out to Kolping members the opportunities to become involved in the legal system as concerned citizens.

The workshop, expertly facilitated by Lynette Maart, was attended by Kolping Family members from Cape Town, Johannesburg, Oudtshoorn, Port Elizabeth and Keimoes-Upington dioceses.









## CATECHETICS

CATECHETICAL FORMATION PROGRAMME (CFP)

Initial training for Catechists happening in the six venues of the Archdiocese



Stellenbosch

Claremont













The Season of Creation is a graced time of ecumenical dialogue focused on renewing our relationship with God and with all of God's creation, including the whole human family. It is a time of prayer, action, and advocacy to renew the face of the earth. It is a time to celebrate and expand our efforts to care for our common home.



This year, the theme of the Season of Creation is "Listen to the Voice of Creation". The symbol of the burning bush Voice of creation is very challenging for communities in experienced horrendously destructive bushfires in recent years. It brings to mind the lives lost, the homes, habitat and livelihoods

destroyed, and the millions of creatures that perished in the fire seasons in Australia, other parts of the world, and here in South Africa. That loss occurred from other Climate Crises loss like the continual droughts in the Eastern Cape, the storm devastation and disaster in KwaZulu Natal, the polluted air in our mining areas not only in Mpumalanga but also in KwaZulu Natal, the life and habitat loss from the mine mud dam disaster in Jagtersfontein in the Free State, These events have been a turning point in understanding the urgent need to take concerted action on climate change now.

The burning bush that Moses saw on Mount Horeb was a very different kind of bushfire. It did not consume and destroy. It was not death-dealing. It drew attention to the presence of God. Moses took off his shoes as he was standing on holy ground.

There has been great participation in this 2022 Season of Creation and here are some insights for the reader so See, to Judge and to Act as called for by our Catholic Social Teachings. Arlette Marais shares from St. Mary of the Angels, Patrick Dowling gives us a vision of what is happening at St. Joseph's in Kommetjie. Dominique Yon and our ADCT youth were active with the ecumenical Together4Creation. Bernie Daries and Berni Crewe-Brown relate the actions taken by the Justice and Peace Commission.

#### OUR SEASON OF CREATION 2022 AT ST MARY OF THE ANGELS, ATHLONE PARISH

In our 3-week build-up to our Season of Creation during August:

- We shared Creation inspiried videos on our social media pages:
- We viewed the Laudato Si Encyclical video before our Children's Mass in August.
- We handed out succulents planted in bio-degradable paper planters for parishioners to plant out at home.



On the 1st September (World Day of Prayer for Creation), we began our Season of Creation programme:

- . Our parish runs a soup kitchen weekly on a Thursday where they feed up to 150 people.
  - o With the assistance of Caritas Cape Town and St Bernards and St Ignatius parishes, we were able to provide muchneeded beanies. Creation Prayer cards and a warm lunch and fruit to our guests.



Fr, Nilesh, Aunty Muriel (soup kitchen), and aisling Foley (Caritas Cape Town



Our Parish held our Rosary for Creation at the Grotto of Our Lady on the World day of Prayer for Creation as well. We also live-streamed it for those who were unable to make the inperson Rosary. **Every Thursday during** the Season of Creation a Rosary for Creation was live-streamed on our Parish Facebook page.

Before every Mass during SOC, we are sharing reminders about the focus period on our parish monitors.



We created our Burning Bush onto which we placed tags requesting nonperishable items.

We asked parishioners to care for those in need by taking a tag from the Burning Bush and donating to the St. Vincent de Paul hampers for needy families in our parish community.





On 4 September, faith formation lessons included an insert on Creation.

A colouring/artwork initiative was introduced for the younger children with an emphasis on participation.







With a focus on recycling and we reintroduced our Paper recycling project through MPact Recycling company.

Planned activities still to occur in this Season of Creation 2022:

- . Rock art which we would like to use in an area still to be identified as a reflection/contemplation area in the garden.
- Starting a plant or vegetable garden
- Blessing of animals

#### ST. JOSEPH'S KOMMETJIE PARISH

Before lockdown, in the Kommetjie parish of St Josephs, we had made good progress with readings from and reflections on the Laudato si text. Now that we are back at church physically the idea is to resume these short inputs into the general notices, but possibly in summarised form so that we can make up for lost time. The message of LS combined with those of scientific reports from the international panels on climate change (IPCC) and biodiversity (IPBES) become ever more prescient in their call for global citizen action that must echo the cry of the Earth and force the hand of decision makers who are showing distinct tendencies to return to "business as usual" when it comes to matters such as energy and economic choices.

We are trying to ensure that such issues are woven into the synodal process and at local level into the agenda of our new pastoral council which is in the process of being formed. In this regard I wrote to Archbishop Brislin to ensure that care of the natural environment becomes a clear mandate of such pastoral work along with the several other more traditional duties. The proposal got his warm blessing.

In the spirit of ecumenism and mission the intention too is to broaden the range of "green" activities for parishioners, members of other churches and the general public to get involved in. One practical project that links to the urgent topics of water and biodiversity, is to help restore a three hectare portion of flood plain abutting our local river, the Bokramspruit. Work on this has already started with several parishioners assisting with a major clean-up, the building of a sturdy footbridge, clearing invasive grasses and planting thousands of rands worth of local indigenous plants while providing part time work to unemployed people. It is our hope that our parish will adopt a specific patch of this ambitious project and commit to its maintenance and watering. This aligns with the City's Liveable Waterways programme.

There are also regional climate change, food security, waste minimization, renewable energy promotion and water quality initiatives that parishioners will be encouraged to participate in. These should accommodate all personality types and interests and will include: practical, hands-on projects like the above, peaceful pickets, organised marches, policy responses, media articles and awareness raising events.

#### ARCHDIOCESE OF CAPE TOWN YOUTH - TOGETHER4CREATION



Together4Creation, the ecumenical youth group founded by Youth leaders from various denominations as well as out ADCT Youth, led by Dominique Yon.



#### JUSTICE AND PEACE COMMISSION ARCHDIOCESE OF CAPE TOWN

Radio Veritas has become a Season of Creation partner. The Archdiocese of Cape Town has been a partner for a few years already. Green Anglicans are also partners. Rev. Rachel Mash is on the Season of Creation Steering Committee. We are the South African organisations partnered with this global organisation. Once again, Radio Veritas acknowledged the importance of highighting the Laudato Si' message to Care for our Common Home in a weekly programme, presented by our Justice and Peace Archdiocese of Cape Town Laudato Si member, Berni Crewe-Brown with her co-host Mpumi Mbenenge and Radio Veritas have made the Season of Creation their

month of September. During each day of the season, they share messages from people all over South Africa, in their own language sharing their thoughts about the importance and relevance of this 2022 Season of Creation. The Laudato Si' - Our journey on Caring for Our Common Home Radio Veritas programme reached 100 show on 13 September 2022 and a live show reflecting and remembering the significant journey. All of the 100 programmes are recorded as podcasts for anyone who would like to listen to them or use them for educational

main theme for the



purposes as the programme strongly shares Pope Francis' call for an ecological conversion. Our ecological conversion journey is clearly mapped out in Laudato Si with the reality that science and faith are intrinsically linked. Contact Berni Crewe-Brown on <a href="mailto:bcb.laudatosi@gmail.com">bcb.laudatosi@gmail.com</a> or on 0828555582.



The 2022 World Clean Up day was well supported by Archdiocese parishes in many areas in the Western Cape. Link <a href="https://www.coastalcleanupdata.org/">https://www.coastalcleanupdata.org/</a> to find out why your participation in clean ups is so important, and all relevant information about where clean ups took place, how much trash was found and the impact and success of the day Let us remember that we can pick up trash everywhere we see it to do our bit to save our planet for our future generations.









Photos from Pringle Bay with Our Lady of Monserrat Betty's Bay parishioners doing their bit and Milnerton Beach Clean ups. St Mary of the Angels are seen pitching in to make a difference.



On a Laudato Si' Action Platform Webinar we showcased the SACBC Pastoral Plan implementation at parish and diocese levels. The Justice and Peace training held in May has resulted in significant action taken by some of the Archdioceses in our

LAUDATO SI'
Action Platform

nie Daries continues to hold workshops and retreats at parishes and with a group of Catholics from various ishes in our ADCT joined the Climate Justice protest action on Saturday 24th September.



Berni Crewe-Brown represents the Justice and Peace Commission and the Laudato Si Movement – Africa as a Steering Group member with the national Climate Justice Coalition (CJC). The CJC is a growing coalition that address the Climate Economy issues, the Social and Climate justice legal issues, and Energy Justice with a strong focus on education and communication within the three areas. In the last few months, we have been sharing our voices with our legal members addressing the imminent Climate Change Bill and recently we supported a stance against the sudden submission to lower Carbon tax. Advocacy through participation is critical and the voice of the nation (as called

for in Laudado Si' and the Synod on Synodality) is essential. The crippling energy situation is the major focus of the CJC who are lobbying for a Just Energy Transition Plan. The JETP is essential for our country to move out of fossil fuel energy production in a sustainable manner. The CJC is working with Eskom in negotiating strategies to accomplish a successful and just transition away from fossil fuel energy to a sustainable mix of renewable energy with social ownership, protection and creation of employment and balanced energy distribution around our country. Protesting for system's change is important to expose the inefficiencies, corruption and mal-administration in our governance. The call for disinvestment is loud in Pope Francis' message and we all need to reflect on our own investment action. We have all been called to join protests and sign petitions against profit driven industries and organisations who use and promote fossil fuel energy for their own gain with no regard for climate crises and the social injustices that emerge as subsequent effects. Pope Francis tells us in Laudato Si' verse 56:

In the meantime, economic powers continue to justify the current global system where priority tends to be given to speculation and the pursuit of financial gain, which fail to take the context into account, let alone the effects on human dignity and the natural environment. Here we see how environmental deterioration and human and ethical degradation are closely linked. Many people will deny doing anything wrong because distractions constantly dull our consciousness of just how limited and finite our world really is. As a result, "whatever is fragile, like the environment, is defenceless before the interests of a deified market, which become the only rule".



We held a Youth engagement Webinar on 27
September called Hear our Voices Heal our
World. Looking for solutions for the youth to
how to react to Mother Nature was key. Our
archdiocese stalwart veteran activist, animator,
environmentalist and educator Patrick Dowling
shares his experiences and vision with us.
Archbishop Emeritus William Slattery was invited
to bless the webinar and add his valued and
respected experience and vision in discussion
with the youth, the panellists, and the
participants.



Everyone is invited to a Season of Creation Day Retreat hosted by the Catechetical CPD and the Justice and Peace Commission on Saturday the 1st October. This event is highlight of the our archdiocese Season of Creation and will include a Celebration of Holy Mass in Creation.



# **Legion of Mary Centenary Celebrations**

Archbishop Stephen Brislin offered a that were there that day, some came Mass on Sunday 14 August 2022 in St Mary's Cathedral, Cape Town in celebration of the Legion of Mary's Centenary founding in 1921 as well as the 85 years of the Legion of Mary existing in Cape Town. This lay organization is believed to be one of the largest in the Church.

Because of Covid-19 restrictions, the number of attendees were limited. Nonetheless, about 120 Legionnaires

from as far afield as Paarl.

Mass was concelebrated with the several priests who are the Spiritual Directors for the various Praesidia spread throughout Cape Town.

The Archbishop thanked and encouraged the Legionnaires for the continued apostolic work that they are doing.

The Mass was also simultaneously live streamed so as to reach outlying areas such as Namibia, George, Knysna, Nababeep, Port Elizabeth and Ireland.

It was a time of great joy, of celebration and of thanksgiving.

Any persons who wish to join the Legion of Mary can approach their parish priest who will direct them to a praesidium, or contact us on legionofmarysenatuscptsa@gmail.

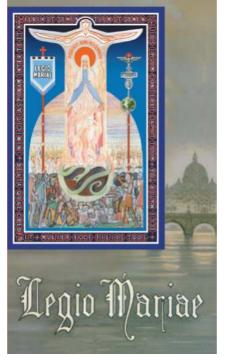
Celeste Pregnolato President

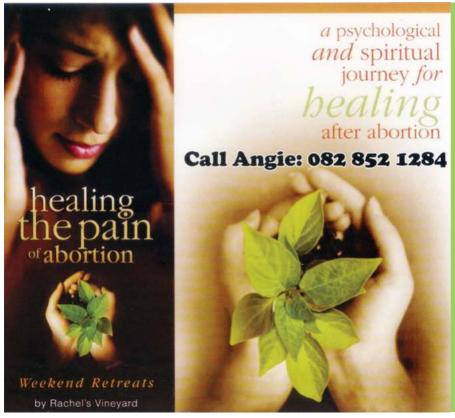


Archbishop, Senatus, curia officers and spiritual directors. From left to right are: Fr Sean Collins CSsR, Lynette Petersen (Curia), Father Longinus Kharjia OFM Cap, Dcn Rodney Williams, Fr Paschal Nwankwo, Felicity Febana (Curia), Archbishop, Robert Febana (Senatus), Alta Mwela (Curia), Berenice Capito and Celeste Pregnolato(Senatus)



PY BIRTHDAY ARCHBISHOP: Archbishop Stephen Brislin cuts his birthday cake at a special tea in the Chancery foyer



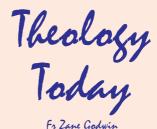


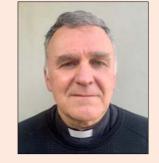
If regret over an abortion is part of your life, you are not alone.

We care.

We can help.

I pray that all who participate in Rachel's Vineyard with the longing to be free and to be healed by Jesus, may find Him, the source of true joy, peace and love, and allow God to restore them to wholeness and happiness. I am praying much for you. God bless you. - Mother Teresa of Calcutta





#### **Missionary Disciples**

The essential nature of the Church is that it is missionary. Our purpose is framed by the missionary mandate given by Jesus to "go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you (Matthew 28:19-20). To what extent is this a true reflection of who we are as Church in 2022, in this particular place at the tip of Africa?

Pope Francis's latest Apostolic Constitution, Praedicate Evangelium, on the Roman Curia and its service to the Church and to the World (19 March 2022), makes frequent reference to his earlier Apostolic Exhortation, Evangelii Gaudium, The Joy of the Gospel, in recalling that the heart of the Church's mission is evangelization. Pope Francis once again emphasizes that "every Christian, by virtue of Baptism, is a missionary disciple to the extent that he or she has encountered God's love in Christ Jesus."

The term missionary disciple sounds like unnecessary tautology. Surely, in terms of Pope Francis' statement above, it should be unnecessary to qualify discipleship as being missionary? The Renew My Church movement in the Archdiocese of Chicago gives some helpful points. We can identify disciples and missionary disciples in that a disciple is "someone who has encountered Jesus, heard the Good News of his life, death and resurrection, and chooses to actively follow him." And a missionary disciple is one who continues to grow in relationship with God, can easily share his or her relationship with God with others and goes outward to help others find God for themselves."

#### (https://www.renewmychurch.org/resources/how-to-identifydisciples-and-missionary-disciples)

This Renew My Church initiative goes on to identify the common interior characteristics of these disciples and missionary disciples, and further gives the distinguishing characteristics of missionary disciples compared to basic disciples. In each case the distinguishing factor is a movement beyond himself or herself to communicate to others what he or she has received and experienced.

The glaring question for us is how do we as a local Church and parishes, and parishioners who make up these parishes, match up. And, given that almost certainly most will agree that we have a long way to go, the bigger question is what we are doing about it. There will be no easy, glib answers, but at the very least, prompted by Pope Francis and other church leaders, this should be a burning topic of conversation at all levels of Church.

The Catholic Missionary Disciples movement in the United States seeks to address this need in parishes as does the Divine Renovation

#### (http://www.catholicmissionarydisciples.com/) (www.divinerenovation.org).

The Catholic Missionary Disciples movement, acting on polls which indicate that even engaged Catholics perform the weakest compared to other Christian denominations when it comes to sharing their faith, suggests five reasons why Catholics don't evangelize. 1. They have never been evangelized themselves - therefore, they have never responded affirmatively to a life-changing encounter with Jesus. 2. The current culture within our parishes dissuades Catholics from active personal evangelization, rather than supporting them and training them to do so. 3. There is a lack of real leadership, community, accountability, and deep Christian friendship in our Catholic culture, so we don't have anyone challenging us. 4. Many Catholics are just too scared to evangelize, will make excuses why they shouldn't do it, and refuse to leave their comfort zone. 5. Many Catholics are universalists or don't believe faith in Jesus really (https://catholicmissionarydisciples.com/news/reasonswhy-catholics-dont-evangelize).

Pope Paul VI, in his Evangelii nuntiandi (1975) wrote "The person who has been evangelized goes on to evangelize others. Here lies the test of truth, the touchstone of evangelization: it is unthinkable that a person should accept the Word and give himself to the kingdom without becoming a person who bears witness to it and proclaims it in his turn" (EN 24).

Let's ignite a fire in the hearts of our fellow parishioners. Let's engage in the tough conversations. Let's read and study what Pope Francis is calling us to as a Church, and seriously consider movements like Divine Renovation, Renew My Church and Catholic Missionary Disciples, to discern what we can do as an archdiocese and parishes.

# **CATHOLIC SCHOOLS**

### **CHOIR FESTIVALS IN CAPE TOWN**



# IN HOPE

#### **MUSICISAPRAYERTHATTHEHEARTSINGS**

that goes like this:

Music is a form of prayer Uniting people everywhere Transcending language, time and race Building rhythm at a pace Will transform most any place Into a holy, sacred space Unknown.

The City Hall of Cape Town was transformed into such a space on the afternoons of 14 and 28 August when 22 choirs from 17 of our Catholic Schools "burst forth into joyous song" and made "a joyful noise unto the Lord" (Ps 98:4). These were indeed wonderful occasions and are a highlight in our network calendar. Keeping 'silent' during two years of Covid was not easy for our singers in our schools, making these festivals even more special this year. We were also thrilled to celebrate our 25th year of festivals within the Archdiocese of Cape Town, the first happening in the City Hall in 1998.

Our winning formula hasn't changed in 25 years: each choir gets to sing their own items on the stage, after which they join the massed choir in a medley to end the afternoon. The wonder and awe experienced by the participating pupils when performing in that magnificent hall will remain with them always, as well as the radiance felt when joined in song with five hundred other voices for the medley, ending with a "roof-raising" experience of the National Anthem sung by choirs and audience together to complete the programme. And add to that the accompaniment of both grand piano and organ - powerful indeed!

We were also blessed to have Archbishop Stephen Brislin attend both occasions and address the participants and audience. Bishop Sylvester David was also present at his first festival. We are most grateful for the support we receive from these two men at our Catholic Schools' events.

This year's medley was a collec-

There is a quote found on the internet tion of South African songs called Scatterlings, inspired by the Johnny Clegg song of that name. The medley was arranged by the gifted musician Adolf Thelen, who teaches in one of our schools. The music and a backing track are sent to each school to practise with their choir. My hat goes off to all our talented choir trainers who work so hard doing this; at the performance on the day the choirs have never sung together before, but are all well prepared to make that "joyful noise" to raise the roof of the City Hall.

> Making these occasions even more special was the presence of both special needs schools in our Archdiocese to enhance the performances.

> Our invitation to schools to participate in these festivals is also sent to the six Catholic Schools in the Diocese of Oudtshoorn, and this year a choir from St Mary's Primary School in George joined us on 28 August, combining the performance with a weekend outing for the pupils.

> In a compilation of sacred songs published by the Catholic Institute of Education some years ago called Sing for Life, the preface reads as follows:

"The ear receives the spoken word, but when that same word resounds in music, it is the whole body that is moved. This explains the power of music to effect healing in the individual and unity in the communal body. Is this not more so when the music is turned to prayer and

This power of music that effects both healing in the individual and unity in the communal body is so necessary in our schools today. Our choir festivals prove this: they bring our communities together and are indeed occasions to exemplify the expression of St Augustine: "They who sing pray twice." I have no doubt that, on those two occasions, God was listening and loving every moment of our jubilant singing!

Alison Dunn Choir Festival Co-ordinator

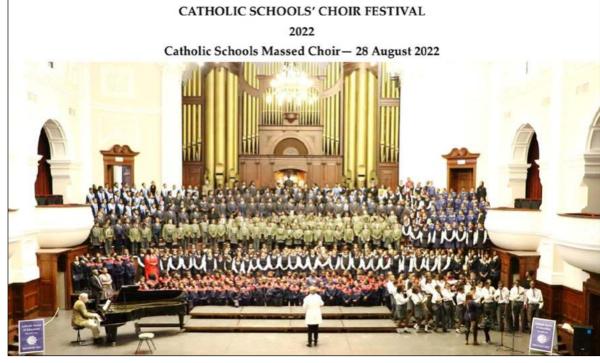


Regina Caeli Primary School, Belgravia - 60th Celebration. **Inset: 60th Celebration Mass** 



Grade 10 group of 2022 enjoying their Leadership Day at Lansdowne

# CATHOLIC SCHOOLS' CHOIR FESTIVAL Catholic Schools Massed Choir -14 August 2022



Western Cape Catholic School's Religious Education SOFA QUIZ





SOFA (Sharing our Faith) Quiz – preparations in Rondebosch. CSO provided a snack for the SOFA Quiz participants - each group was named for a saint and children from different schools were placed in mixed groups - a true sharing experience!

# News from St Kizito Children's Programme

SH Kiz HO

Springtime is a time for new beginnings and growth. Here at St Kizito Children's Programme we also have new beginnings and growth with the appointment of our new chaplain Father Subeesh.

Father Subeesh Kalappurackal O Praem hails from Kerala, India. He is a Norbertine Father and resides in Kommetjie. He has a passion for cricket and can always be seen at the annual Fish Hoek vs Kommetjie parish cricket challenge. We might add that apart from being an excellent cricket player he also has an incredibly strong competitive nature! He is known to sing local songs, in Afrikaans, at the top of his voice whenever his team hits a six or bowls a fellow competitor. As he would say, "All is fair in the game

of cricket

Apart from being the Dean for the parishes of the Peninsula Deanery, he is also the Parish Priest at St John the Evangelist parish in Fish Hoek and St Brendan's, Sun Valley. Most of his homilies are introduced by a joke, with his parishioners eagerly awaiting his teachings for the day. He is certainly not afraid to call you by name and ask you a question during his homily.

He has taught at schools and worked with children living on the streets. He identifies well with children, having a calming and gentle approach to their questions, fears or uncertainties. He takes everything in his stride and has a solution for every problem – prayer and faith – and of course a little bit of nudging in the right direction!

He is looking forward to meeting our groups, members and families that have been helped by St Kizito.

We welcome Father Subeesh as our Chaplain and look forward to his spiritual guidance and support of our Movement and members.

If you wish to be in touch or contribute to any of our causes in helping orphans and vulnerable children please refer to our contact details below.

#### **CONTACT DETAILS:**

Telephone:

(021) 782 2880 / 082 301 9385

Èmail:

info@stkizito.org.za



Fr Subeesh Kalappurackal O Praem.

#### **BANKING DETAILS:**

Name: St Kizito Children's Programme

Account: 405 982 0320 Bank: ABSA, Claremont

Branch Code: 421109 Account Type: Cheque

#### **HOLY TRINITY, MATROOSFONTEIN**

# 20 Years of Hosting Rosary Week



"Hail Mary, full of grace, the Lord is with you, blessed are you amongst women..."

More often than not every successful story, event or person had a humble beginning somewhere.

In October 2022, the parish of Holy Trinity, Matroosfontein will celebrate, and host, another milestone: 20 years of Rosary Week in the Central Deanery. Through the intercession of Mary, God has blessed us indeed!!!

## "...and blessed is the fruit of your womb, Jesus."

In 2002, Mr Cecil Pretorius came up with the idea of having a rosary week and procession and our parish priest Fr Babychan Arackathara MSFS agreed and launched the

inaugural rosary week in October 2002. Mr Pretorius has continued to remain the driver of rosary week ever since. With humble beginnings, the first procession was held in the confines of the parish grounds... a seed had been planted. Within three years the fruits were being seen; the numbers grew and other neighbouring parishes wanted to be part of it. The closing procession now starts at Holy Trinity parish and ends at the grotto of Holy Cross Childrens Home, Parow Valley, with the rosary, a homily and benediction to close.

### "Holy Mary, Mother of God, pray for us sinners..."

Yes, it has become the highlight of the parish liturgical calendar through the years, but above all it has been a catalyst for many for a closer journey with God. We have seen Mary's intercession at work as many personal little miracles have happened where many parishioners have seen their prayers answered... "May it be done to me, according to your Word." (Lk 1:38)

The Rosary week programme will be from 3-9 October 2022. See the accompanying poster for the daily programme for the week.

We again invite all our Central



ABOVE: The Knights of Da Gama paid a courtesy visit to Archbishop Stephen Brislin at the Chancery

Deanery parishes, and all other parishes in the Archdiocese who would like to be part of the week and procession, to join us. You are most welcome.

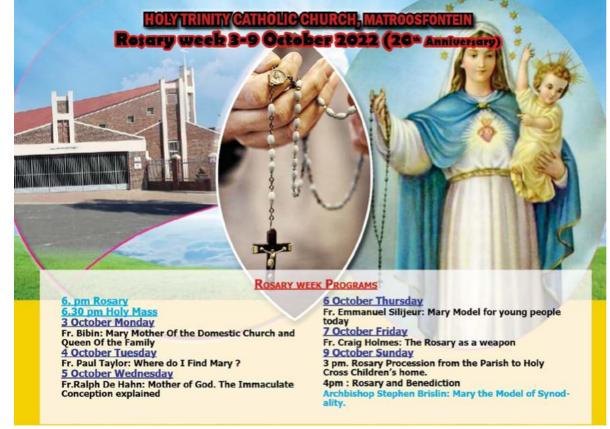
And so, with Mary, through Jesus, may it be a week filled with blessings for all of us

"Now, and at the hour of our death. Amen! "

Gregory Smuts Liturgy Chairperson Holy Trinity, Matroosfontein



Archbishop Stephen Brislin was visited by the Superior General of the Scalabrini Fathers on 11th August. From left to right are: Fr Gerardo Garcia CS, Archbishop Brislin, Fr Leonir Chiarello (Superior General), Fr Mario Geremia (General Counsel), and Fr Fillipo Ferraro





START PLANNING FOR 2023

We invite all priests and group leaders to contact us for a non-obligatory proposal to one of the suggested pilgrimage sites

#### Holy Land

Fatima & Santiago de Compostela (Portugal & Spain)
Lourdes - Nevers - Lisieux - Paris (Shrines of France)
Italy - Medjugorje (combined or on their own)
Poland (Divine Mercy)
Walk the Camino de Santiago (Way of St James)
just to name a few

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# Southern African Catholic Bishops' Conference PARLIAMENTARY LIAISON OFFICE

20 Years of Participating in Public Policy



Briefing Paper

September 2022

# Women's Month 2022



"Men, their rights, and nothing more; women, their rights, and nothing less".

Susan B. Anthony

#### 1. Introduction

August is Women's Month in South Africa and 9<sup>th</sup> August this year marked 66 years since women of all races marched to the Union Buildings in Pretoria to protest against the pass laws that had been introduced by the apartheid government. They marched for equality, dignity and respect. However, even as we celebrate Women's Month, women are still being sexually assaulted and abused by men, often the ones they know. Despite the numerous campaigns and interventions by government and civil society organisations around gender-based violence, high levels of sexual assault, rape and femicide still occur.<sup>1</sup>

On 28th July 2022, eight women working on a music video production in Krugersdorp were brutally raped, allegedly by Zama Zamas, or artisanal miners.<sup>2</sup> Speaking at a press conference after meeting the victims and their families, Police Minister Bheki Cele said that a 19-year-old who was raped by only one man was "lucky".<sup>3</sup> Furthermore, at a subsequent press conference the Minister commented that "he could not imagine a beautiful woman with a zama zama".<sup>4</sup> On both occasions he articulated the kind of patriarchal views that dominate much of our social discourse and influence the

#### 2. Gender Based Violence/GBV

The acronym GBV has entered our national lexicon, which diminishes the impact of the term. "It is good journalism practice to use acronyms sparingly, especially in headlines. They are jarring and unfamiliar to many readers. But, like ATM and SAPS, GBV has become instantly recognisable and is increasingly not spelled out." This compromises the severity of the issue and the terrible impact that it has on the lives of so many. "Despite heightened visibility and policy reform, societal attitudes and conduct have not shifted in equal measure in the decades since the term was included in the UN Declaration on the Elimination of all forms of Violence Against Women in 1993."

Gender-based violence, already a global crisis before the pandemic, has intensified since the outbreak of COVID-19. Lockdowns and other mobility restrictions left many women trapped with their abusers, isolated from social contact and support networks. Furthermore, financial dependence limits many women's ability to leave abusive situations.<sup>7</sup>

The South African Human Rights Commission (SAHRC) reported in 2018 that Statistics South Africa (StatsSA) had estimated that 21% of women over the age of 18 years had experienced physical violence by a partner, while 6% of women had experienced sexual violence by a partner. However, it is widely believed that these numbers are inaccurate due to the fact that many cases of gender-based violence are not reported. The SAHRC found that "the high rates of violence against women, along with the systemic failures of the South African criminal justice system to hold perpetrators accountable, suggest that in South Africa unequal power relationships and patriarchy continue to operate and to maintain gender hierarchies through essentialised notions of gender and physical and/or sexual violence".8

#### 3. Crimes against Women and Children

When Minister Cele presented the quarterly crime statistics for reported crimes for the period 1st January to 31st March 2022, he noted they were especially brutal for women and children. The statistics presented a number of worrying trends. Overall, there has been a 9.3% increase in reported crimes across the country, but this number masks the even more alarming spikes in violent crime, especially against women and children, with double-digit increases in these crimes. In total, sexual offences increased by 13.7% to 13 799 – the majority of the reported offences being rape. In the first three months of this year, 10 818 rapes took place, that is 137 rapes a day, or six rapes per hour. These distressing figures reflect only the rapes that are reported; there is significant under-reporting of rape and sexual violence. Almost half, 4 653, of these rapes took place at the home of the rape victim or the home of the rapist. When it comes to murder, 898 women were killed in South Africa in the first

quarter of this year.10

More recently, the minister released the statistics for the second quarter of the year. While the murder rate was up, there was a decrease in sexual offences cases. Still, more than 9 500 rape cases were reported during the period under review, 11 about 500 fewer when compared to the same period last year. Rape cases declined in all provinces except the North West and Northern Cape. 3 780 of the rapes took place in the homes of the rapists or homes of the victims, while 1 546 people were raped in public places such as streets, parks and beaches. 12 The murder of women increased by 53.2% in comparison to the corresponding quarter last year, and the murder of children by 46.4%. 13

Other violent crimes against women and children also rose sharply. There was an increase of 31.4% in the attempted murder of women and of 54.7% in assault with intent to cause grievous bodily harm. However, on a positive note, between April and June this year, 286 rapists were convicted through investigative work done by the police's Family Violence, Child Protection and Sexual Offences (FCS) unit. The Minister said that SAPS would continue to prioritize crimes constituting gender-based violence.

Nevertheless, across the board opposition parties were scathing in their criticism. The EFF said that it "is also horrifying that almost 4 000 of these reported rapes took place inside the homes of the victims. Women are not safe on the streets, and they are not safe at home too, a grave indictment on the kind of society we have become. Any hopes of waging a fight against this type of crime are extinguished by the realization that there is no genuine commitment from the highest office in the land to fight against sexual crimes". 15 Pieter Groenewald of the Freedom Front Plus noted with dismay that "there has been an even greater spike in the figures when it comes to children, [especially] with assault with intent to cause grievous bodily harm".16 The DA's Andrew Whitfield sadly commented that "what is most horrifying is that these crime statistics prove that South Africa has become a gruesome war zone for women and children who are raped, murdered and maimed on a daily basis. Every time a woman or a child is violently attacked we lose a part of our soul as a nation. It tears away at our delicate social fabric and exposes the failures of our state and our society in the most graphic and devastating way".17

4. The President's Speech

President Cyril Ramaphosa told a Women's Day celebration in Kwa-Zulu Natal that "this is not the South Africa for which the women of 1956 marched. They did not sacrifice to see the end of the slavery of apartheid, only for today's women to live in prisons of fear. Earlier this year, we passed three important laws that will strengthen the fight against gender-based violence. These laws give greater protection to victims of domestic violence. The new laws empower the police to enter premises without a warrant and, if necessary, arrest a suspect. Police can also remove dangerous weapons from a suspect. Complainants will be able to apply for protection orders online. New provisions expand the scope of the National Register of Sex Offenders, and place a legal responsibility on us all to report any sexual offences committed against vulnerable persons. There are now far stricter conditions under which a suspect may be granted bail".18

All of these measures are welcome and laudable, but then the President went on to say somewhat benignly and patronisingly that "South Africans need to work very hard to lift women out of poverty and to levels equal to men in all sectors of society...we still need to uplift the women of our country to a level where they are equal to men." Women do not need to be *uplifted*. Women have the same rights as men and these are enshrined in the Constitution. What is needed is for these rights to be upheld and protected.

Advocate Gerrie Nel, head of AfriForum's private prosecution unit, who is acting on behalf of a victim of gender-based violence, argues that "the president's speech on Women's Day means nothing at all if the members of

Continued on page 14

#### **Video and Podcast Series**

Please click on the links below to listen to these webinars.

Webinar: Coherence or Convenience? SA's Foreign Policy and the Invasion of Ukraine. https://www.youtube.com/watch?v=Qnh4GYj9H4M

Webinar: Advocate Glynnis Breytenbach

https://www.youtube.com/watch?v=6VVSALhuFt4&t=44s

Webinar: Talking about a Devolution: Getting Passenger Rail back on Track https://www.youtube.com/watch?v=bNeR7HCx3eo

Webinar: Tackling Unemployment through Public Employment and Social Employment. https://www.youtube.com/watch?v=LtOu57m7XHU Interview: Unpacking the Zondo Report: Public and Corporate Morality https://www.youtube.com/watch?v=CG7wJ0V9LEA

Safe Relinquishment: Finding solutions to SA's child abandonment and late-term abortion crisis. https://www.youtube.com/watch?v=huMkqLNvfto



CPLO videos can also be viewed on the CPLO YouTube channel.

#### **BRIEFING PAPERS, RESPONSES AND DIGESTS**

Below are links to various Briefing Papers, Responses and Digests published on the CPLO website since the previous edition of the Archdiocesan News. Follow up on what interests you most by clicking on the relevant topic/s below.

#### **Briefing Papers**

546: Envisioning a Just Transition by Lovedonia Mkansi

547: Child Pregnancy by Lois Law

548:World Refugee Day by Peter-John Pearson

549: Outliving the High Cost of Living by Kenny Pasensie

550: Giving Up on Governance? by Mike Pothier

551:The Rights of Foreign Spouses by Peter-John Pearson

552:The ANC Policy Conference and Migrants by Peter-John Pearson 553:Womens' Month 2022 by Lois Law

#### **Family Digests**

48: Everyone Deserves to Eat', World Hunger Day by Lois Law

#### **Refugee Digests**

66: Refugees Migrants and Displaced Persons by Peter-John-Pearson

67: Migrants Refugees and Misplaced Persons by Peter-John Pearson

68: Migrants Refugees and Misplaced Persons by Peter-John Pearson

#### **Economic Digests**

31: Social Compacting for Economic Development and Growth by Kenny Pasensie

32:What Grey-listing will mean for SA by Kenny Pasensie Environment Digests

36:The State of Electricity: Load-shedding will be here for a while by Lovedonia Mkansi

37: Electricity Pricing in South Africa by Lovedonia Mkansi

38:The Scarcity of Fresh Water, Exacerbated by Pollution by Lovedonia Mkansi 39: Plastic Pollution by Lovedonia Mkansi

#### Responses

International Day of Families by Lois Law

Scapegoating Foreigners by Peter-John Pearson

An Extension but not Resolution by Peter-John Pearson



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## **ACHCA** bids farewell to Sr Margaret

In November 2011, Archbishop Stephen Brislin first shared his vision of a Catholic Caring Network with Nazareth Sister Margaret Craig, with the aim of bringing compassion back into Health Care.

Sr Margaret then organised and co-ordinated the initial meeting at Nazareth House to form the now established Archdiocesan Catholic Health Carers Association (ACHCA). This meeting commenced with Mass, celebrated by the Archbishop. After the Mass, he shared his vision – that all categories of Health Workers need to be role models and bring compassion back into caring and to be living examples of Christ, seeing Christ in every person.

When Sr Margaret was available, she, together with ACHCA's Liturgy Group prepared the liturgy for Mass at the gatherings in consultation with ACHCA Spiritual Director, Fr Mark Pothier.

From 2013-2017 Sr Margaret worked at Nazareth House in Gauteng. However, she continued to provide astute guidance remotely, when ACHCA needed it.

In December 2019 the ACHCA Committee, together with Sr Margaret, organised a Christmas lunch and gifts for all the day Carers and support staff at Nazareth House in Vredehoek and Elsie's River. The night staff also each received a packed meal and gift as well. This was to thank the staff for their dedicated nursing and caring role they provided daily to residents and retired priests.

During Covid-19, in lockdown, the ACHCA Committee arranged for donations of bulk sanitisers, masks and food supplies for residents and staff at Nazareth House as well as bulk disposable napkins for residents. Mavis van Schalkwyk, an ACHCA member was designated to deliver these donations, directly to Sr Margaret each time, so as to limit contact with other persons, thus avoiding cross infection.

During Covid and strict lockdown, Sr Margaret liaised with Josephine Rabele the current ACHCA chairperson and Fr Mark Pothier, and together they organised a live-stream Mass for Nurses Day in May 2021. ACHCA members valued this greatly.

As ACHCA is directly under the auspices of the Archbishop, Sr Margaret has been invaluable as ACHCA's direct link and 'bridge' to the Archbishop. This provided

Continued from page 13

the SAPS fail to fulfil their basic duty. We argue that the SAPS has shamelessly abandoned our client on every one of her fundamental rights. We expect Commissioner Mawela to give us meaningful feedback on the investigation, as well as an explanation as to why the suspect has not yet been arrested. Our client's life has been turned upside down, not only by the horrors of the crimes committed against her, but also [by] the continued failure of the police to arrest a violent, armed rapist".<sup>20</sup>

The Western Cape Community Safety Department has expressed concern over the number of gender-based violence related cases being thrown out of court as a result of dockets going missing. They have established a 'court watching brief' unit which found that "of the 193 court cases that were monitored between 1st April 2022 and the end of June 2022, a high percentage of those monitored were withdrawn due to the docket not being in court." They go on to question why these dockets have been disappearing.

#### 5. Challenges and Possible Solutions

Responding in a written parliamentary Q&A, Minister of Social Development Lindiwe Zulu said that the government has tried to address the shortage of social service workers by setting up the Social Work Scholarship Programme.<sup>22</sup> However, beneficiaries of the programme have not been placed in the Department of Social Development or in the Department of Basic Education (where they could be sent to schools where they are needed). Reasons for the failure to employ new graduates to vacant positions remain unclear; it is an indictment of the disorganization that permeates the provision of social services to the detriment of the most vulnerable.

for an open two way communication process, always.

On 3 September 2022, ACHCA Committee members bade farewell to Sr Margaret at a lunch at Chart Farm, Wynberg as Sr Margaret will be leaving to be the Local Superior at Nazareth House, in Gqeberha, from October 2022. In appreciation to Sr Margaret for the phenomenal role she played in ACHCA, she was presented with a book titled "In Our Own Words – Nurses on the Frontline" by Professor Jonathan Jansen et al.

In the 10 years of ACHCA's existence we now have 70 active members, who represent many parishes in Cape Town.

Sr Margaret, as ACHCA members, we commend your visionary and perspicacious leadership, your gentle assuring guidance and sterling commitment of caring and selfless service to ACHCA from 2012 to 2022. You made 'love visible' in all interactions with everyone. We pledge to continue our spiritual and caring legacy as we Care for the Carer in parishes across Cape Town and in our health and family settings.

Continued happiness and blessings as you are called to minister in the Vineyard of Our Lord, at Nazareth House in Gqeberha.

ACHCA looks forward to having Sr Bulangizi, also a Nazareth Sister, to be our liaison person to the Archbishop as well as becoming an



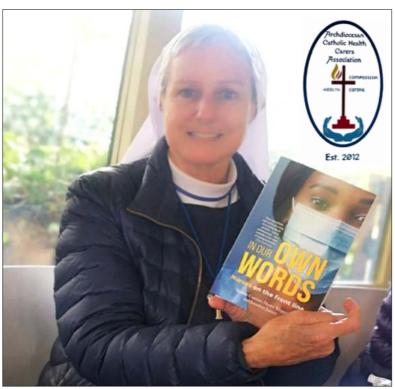
Group photo of current and past ACHCA committee members at Sr Margaret's farewell lunch at Chart Farm, Wynberg on 3 September 2022. L-R: Virginia Johns, current Marketing Co-ordinator; Veronica Petersen, Treasurer; Ada de Vos, ACHCA member; Rose Savell, Liturgy group; Sr Margaret Craig, St Faith Esau Liturgy Organiser; Estelle Groenewald, past Secretary; Rhenolda Davies, past Marketing Co-ordinator; Beatrice Boise, past Vice Chairperson, Josephine Rabele, current Chairperson of ACHCA; Jacqui Wiener, Secretary.

jacqui vvienei, seeretai,

active member of ACHCA
Rhenolda Davies

ACHCA's Initial Marketing and Communication Committee Member

Cell: 072 621 8107



Gender-based violence should be understood as the result of an interplay of individual, community, economic, cultural and religious factors interacting at different levels of society. Psycho-social and socio-economic stresses, including poverty and unemployment, undermine the social compact and engender an increasingly violent social discourse. Endemic service delivery protests are a sign of increasing dissatisfaction and alienation, which easily spills over into violence against the vulnerable. This may be fuelled by alcohol and substance abuse.

While solutions such as chemical castration have a popular appeal, they do not take into account the fact that sexual violence is not about sex but rather about power. Women can be penetrated by other means.

There is a desperate need to interrupt this endless and intergenerational cycle of violence. Jenna-Lee Strugnell argues that social media is an important tool in this regard.<sup>23</sup> It is estimated that 63% of men have access to and engage with social media. Identifying change agents can lead to the generation of content in a non-threatening way and provide men with the opportunity to speak out against gender-based violence; and in so doing, change the dominant narrative.

Changing the dominant narrative is imperative. Community activist Lucinda Evans protests that government has failed the victims and survivors of gender-based violence. "If you rape a person... the person inside dies" 24

The brave women who marched in 1956 to assert the rights of women to equality, dignity and respect would weep.

Lois Law

Researcher
(Please refer to website for a full list of endnotes and further reading)



#### **WOMEN'S DAY MASS**

On the Feast of the Assumption of the Blessed Virgin Mary, St Catherine's Woman's Group, Kleinvlei, under the guidance of its leader Jeanette Horn, celebrated a Woman's Day Holy Mass. It was beautiful. We were honoured to have the Women's Group of Holy Trinity parish, led by Serita Potgieter, join us in the celebration. Each woman present received a candle, which was blessed by Fr Emmanuel. We were encouraged to light the candle during our daily prayer time and so be a light to the world in our families and communities.



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Kraiaffontein         2 050.00         I 520.00         900.00         910.00         1 290.00         440           Kuils River         I 540.00         700.00         1 060.00         1 516           Lambert's Bay         510.00         740.00         420.00         420.00         230.00         340           Langa         410.00         250.00         150.00         480.00         188           Lansdowne         6 560.00         7 110.00         3 850.00         2 010.00         5 560           Lavistown         668.00         1 906.00         1 848.00         878.00         7 17           Maintand         1 510.00         2 300.00         640.00         450.00         540           Maintand         1 510.00         2 300.00         2 370.00         1 380.00         2 195           Malmesbury         281.00         552.70         464.00         1 55           Manenberg         405.00         6 975.00         1 447.00         1 400           Martrosofintein         1 297.00         6 975.00         4 020.00         3 620.00         3 86           Newlands         1 406.00         3 150.00         4 020.00         3 620.00         3 86           Newlands	Koelenhof						
Kulis River         1 540.00         700.00         1 060.00         1 510           Lambert's Bay         \$10.00         740.00         420.00         230.00         344           Langa         \$410.00         250.00         \$150.00         480.00         180           Lansdowne         \$656.00         7 110.00         \$3850.00         2010.00         \$566           Lavistown         \$668.00         \$1990.00         \$480.00         \$878.00         \$170           Lentegeur         \$40.75         \$1930.00         \$40.00         \$580.00         \$540           Malmachury         \$281.00         \$552.70         \$464.00         \$580.00         \$156           Manenberg         \$405.00         \$1692.00         \$1330.50         \$1125           Matroosfontein         \$2780.00         \$675.00         \$25000.00         \$2400.00         \$360           Mowbray         \$5046.10         \$6970.00         \$4020.00         \$360.00         \$360           Nyanga         \$433.80         \$570.00         \$350.00         \$350.00         \$360           Observatory         \$1522.00         \$1165.10         \$400.00         \$360         \$360           Parow         \$235.00 <td< td=""><td>•</td><td></td><td>455.00</td><td></td><td></td><td></td><td>604.00</td></td<>	•		455.00				604.00
Lambert's Bay				900.00		1 290.00	440.00
Langa					1 060.00		1 510.00
Lansdowne	Lambert's Bay			420.00			340.00
Lavistown							180.00
Lentegeur							5 560.00
Maitland         1 510.00         2 300.00         2 370.00         1 380.00         2 190           Malmesbury         281.00         552.70         464.00         156           Manenberg         405.00         1 692.00         1 130.50         1 125           Matroosfontein         2 780.00         6 075.00         2 500.00         2 400.00         2 330           Minerton         1 297.00         1 447.00         2 400.00         2 330           Minerton         1 297.00         4 020.00         3 620.00         3 860           Newlands         1 400.00         3 150.00         4 10.00         2 87           Nyanga         437.80         570.00         410.00         2 87           Observatory         1 522.00         1 165.10							1 710.00
Malmesbury         281.00         552.70         464.00         156           Manenberg         405.00         1 692.00         1 130.50         1 125           Matrosofontein         2 780.00         6 075.00         2 500.00         2 400.00         2 33           Milnerton         1 297.00         1 447.00         4 020.00         3 620.00         3 866           Newlands         1 400.00         3 150.00         4 100.00         2 86           Nyanga         437.80         570.00         4 10.00         2 86           Observatory         1 522.00         1 165.10	-						540.00
Manenberg         405.00         1 692.00         1 130.50         1 12           Matroosfontein         2 780.00         6 075.00         2 500.00         2 400.00         2 33           Milnerton         1 297.00         1 447.00         1 400         1 400         1 400         1 400.00         3 860         1 400.00         2 860         860         1 400.00         2 860         1 400.00         2 860         1 860.00         2 860         1 400.00         2 860         1 400.00         2 860         1 400.00         2 860         1 400.00         2 860         1 400         2 860         1 400.00         2 860         2 870.00         2 92.60         1 400.00         2 870.00         2 92.60         1 300.00         2 92.60						1 380.00	2 190.00
Matroosfontein         2 780.00         6 075.00         2 500.00         2 400.00         2 330           Milnerton         1 297.00         1 447.00         1 447.00         1 400         1 400         3 860         1 400         3 860         3 860         3 860         Newlands         1 400.00         3 150.00         4 10.00         2 860         3 50         3	,						156.00
Milnerton         1 297.00         1 447.00         1 440.00         3 620.00         3 860           Newlands         1 400.00         3 150.00         4 020.00         3 620.00         3 860           Nyanga         437.80         570.00         3350         350	•					2 400 00	1 125.30
Mowbray         5 046.10         6 970.00         4 020.00         3 620.00         3 860           Newlands         1 400.00         3 150.00         410.00         280           Nyanga         437.80         570.00         355           Observatory         1 522.00         1 165.10			6 0/5.00			2 400.00	
Newlands			( 970 00			3 (20 00	
Nyanga					4 020.00		280.00
Observatory         1 522.00         1 165.10         2877.00         2928           Paarl         2 135.00         4 151.00         2 877.00         2 928           Parow         5 350.00         1 310.00         3 210           Parow Valley         200.00         260.00         100.00         100.00           Pinelands         6 680.00         5 612.70         1 200.00         1 811.00         7 30.00         1 634           Plumstead         8 791.36         11 490.00         543.22         6 540.00         7 540.00         11 330           Portuguese         1 050.00         1 230.00         2 200.00         1 430           Retreat         1 987.00         2 170.00         870.00         2 200.00         500           Rocklands         690.00         1 290.00         870.00         2 200.00         500           Rondebosch         10 090.00         9 445.00         850.00         6 000.00         3 240.00         5 925           Sea Point         2 675.00         3 500.00         2 613.00         1 200.00         2 405           Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           St james         2 090.00		1 400.00			570.00	110.00	350.00
Paarl         2 135.00         4 151.00         2 877.00         2 926           Parow         5 350.00         1 310.00         3 210           Parow Valley         200.00         260.00         100.00         100.00           Pinelands         6 680.00         5 612.70         1 200.00         1 811.00         730.00         1 634           Plumstead         8 791.36         11 490.00         543.22         6 540.00         7 540.00         11 33           Portuguese         1 050.00         1 230.00         2 200.00         1 430           Retreat         1 987.00         2 170.00         2 360.00         1 200.00         2 180           Rocklands         690.00         1 290.00         870.00         2 200.00         2 180           Rondebosch         10 900.00         9 445.00         850.00         6 000.00         3 240.00         5 925           Sea Point         2 675.00         3 500.00         2 613.00         1 200.00         2 405           Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           St James         2 090.00         1 897.00         1 080.00         1 510.00         1 680           St James	-	1 522 00			370.00		330.00
Parow         5 350.00         1 310.00         3 210           ParowValley         200.00         260.00         100.00         100.00           Pinelands         6 680.00         5 612.70         1 200.00         1 811.00         730.00         1 634           Plumstead         8 791.36         11 490.00         543.22         6 540.00         7 540.00         11 330           Portuguese         1 050.00         2 170.00         2 360.00         1 020.00         2 180           Retreat         1 987.00         2 170.00         870.00         200.00         500           Rocklands         690.00         1 290.00         870.00         200.00         500           Rondebosch         10 090.00         9 445.00         850.00         6 000.00         3 240.00         5 925           Sea Point         2 675.00         3 500.00         2 613.00         1 200.00         2 405           Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           Sty James         2 090.00         1 897.00         1 1080.00         1 510.00         1 485           Steenberg         660.00         2 195.00         2 027.00         160.00         1 485					2 877 00		2 928.00
Parow Valley         200.00         260.00         100.00         100.00           Pinelands         6 680.00         5 612.70         1 200.00         1 811.00         730.00         1 634           Plumstead         8 791.36         11 490.00         543.22         6 540.00         7 540.00         11 330           Portuguese         1 050.00         1 230.00         2 200.00         1 430           Retreat         1 987.00         2 170.00         2 360.00         1 020.00         2 180           Rocklands         690.00         1 290.00         870.00         200.00         500           Rondebosch         10 090.00         9 445.00         850.00         6 000.00         3 240.00         5 925           Sea Point         2 675.00         3 500.00         2 613.00         1 200.00         2 405           Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           St James         2 090.00         1 897.00         1 080.00         1 510.00         1 680           Stelenberg         660.00         2 195.00         2 0227.00         160.00         1 485           Stellenbosch         7878.50         115         155         155		2 133.00					3 210.00
Pinelands         6 680.00         5 612.70         1 200.00         1 811.00         730.00         1 634           Plumstead         8 791.36         11 490.00         543.22         6 540.00         7 540.00         11 330           Portuguese         1 050.00         1 230.00         2 200.00         1 430           Retreat         1 987.00         2 170.00         2 360.00         1 020.00         2 180           Rocklands         690.00         1 290.00         870.00         200.00         500           Rondebosch         10 090.00         9 445.00         850.00         6 000.00         3 240.00         5 925           Sea Point         2 675.00         3 500.00         2 613.00         1 200.00         2 405           Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           Somerset West         8 520.00         9 339.00         2 160.00         4 873.00         2 642.00         5 110           St James         2 090.00         1 897.00         1 080.00         1 510.00         1 485           Steenberg         660.00         2 195.00         2 027.00         160.00         1 485           Strand         1 720.00         2 4		200.00		100 00	1 310.00	100 00	3 210.00
Plumstead         8 791.36         11 490.00         543.22         6 540.00         7 540.00         11 330           Portuguese         1 050.00         1 230.00         2 200.00         1 430           Retreat         1 987.00         2 170.00         2 360.00         1 020.00         2 180           Rocklands         690.00         1 290.00         870.00         200.00         500           Rondebosch         10 090.00         9 445.00         850.00         6 000.00         3 240.00         5 925           Sea Point         2 675.00         3 500.00         2 613.00         1 200.00         2 405           Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           Somerset West         8 520.00         9 339.00         2 160.00         4 873.00         2 642.00         5 116           St James         2 090.00         1 897.00         1 080.00         1 510.00         1 680           Steenberg         660.00         2 195.00         2 027.00         160.00         1 485           Strand         1 720.00         2 410.00         1 330.00         2 250           Strandfontein         680.00         3 790.00         1 500.00 <td< td=""><td>•</td><td></td><td></td><td></td><td>1 811 00</td><td></td><td>I 634.30</td></td<>	•				1 811 00		I 634.30
Portuguese         I 050,00         I 230,00         2 200,00         I 430           Retreat         I 987,00         2 170,00         2 360,00         I 020,00         2 180           Rocklands         690,00         I 290,00         870,00         200,00         500           Rondebosch         I0 090,00         9 445,00         850,00         6 000,00         3 240,00         5 925           Sea Point         2 675,00         3 500,00         2 613,00         I 200,00         2 405           Simon's Town         I 732,00         2 621,00         I 728,00         475,00         3 640           Somerset West         8 520,00         9 339,00         2 160,00         4 873,00         2 642,00         5 110           St James         2 090,00         I 897,00         1 080,00         I 510,00         I 680           Steenberg         660,00         2 195,00         2 027,00         160,00         I 485           Stellenbosch         978,50         I 155         5trand         1 720,00         2 410,00         1 330,00         2 255           Strandfontein         680,00         3 790,00         I 000,00         2 410,00         4 290,00         570,00         2 510           Tab							11 330.00
Retreat         I 987.00         2 170.00         2 360.00         I 020.00         2 180           Rocklands         690.00         I 290.00         870.00         200.00         500           Rondebosch         I0 090.00         9 445.00         850.00         6 000.00         3 240.00         5 925           Sea Point         2 675.00         3 500.00         2 613.00         I 200.00         2 405           Simon's Town         I 732.00         2 621.00         1 728.00         475.00         3 640           Somerset West         8 520.00         9 339.00         2 160.00         4 873.00         2 642.00         5 IIG           St James         2 090.00         I 897.00         1 080.00         I 510.00         I 680           Steenberg         660.00         2 195.00         2 027.00         160.00         I 485           Stellenbosch         978.50         I 155         155         155           Strand         I 720.00         2 410.00         I 330.00         2 255           Strandfontein         680.00         3 790.00         I 500.00         4 290.00         570.00         2 510           Table View         4 260.00         7 890.00         I 000.00         2 410.00 </td <td></td> <td>0 771.50</td> <td></td> <td>3 13.22</td> <td></td> <td></td> <td>I 430.00</td>		0 771.50		3 13.22			I 430.00
Rocklands         690.00         I 290.00         870.00         200.00         500           Rondebosch         10 090.00         9 445.00         850.00         6 000.00         3 240.00         5 925           Sea Point         2 675.00         3 500.00         2 613.00         1 200.00         2 405           Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           Somerset West         8 520.00         9 339.00         2 160.00         4 873.00         2 642.00         5 110           St James         2 090.00         1 897.00         1 080.00         1 510.00         1 680           Steenberg         660.00         2 195.00         2 027.00         160.00         1 485           Stellenbosch         978.50         1 15'         1 15'         1 15'           Strand         1 720.00         2 410.00         1 330.00         2 250           Strandfontein         680.00         3 790.00         150.00         4 290.00         570.00         2 510           Table View         4 260.00         7 890.00         1 000.00         2 410.00         450.00         250           Vredenburg         2 438.00         3 143.00         2 831.00<	-	I 987.00					2 180.00
Rondebosch         10 090.00         9 445.00         850.00         6 000.00         3 240.00         5 925           Sea Point         2 675.00         3 500.00         2 613.00         1 200.00         2 405           Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           Somerset West         8 520.00         9 339.00         2 160.00         4 873.00         2 642.00         5 110           St James         2 090.00         1 897.00         1 080.00         1 510.00         1 680           Steenberg         660.00         2 195.00         2 027.00         160.00         1 485           Stellenbosch         978.50         1 15         1 55         1 15           Strand         1 720.00         2 410.00         1 330.00         2 250           Strandfontein         680.00         3 790.00         150.00         4 290.00         570.00         2 510           Table View         4 260.00         7 890.00         1 000.00         2 410.00         450.00         250           Vredenburg         2 438.00         3 143.00         2 831.00         1 595.50         2 68           Welcome Estate         380.00         990.00         180.							500.00
Sea Point         2 675.00         3 500.00         2 613.00         1 200.00         2 405           Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           Somerset West         8 520.00         9 339.00         2 160.00         4 873.00         2 642.00         5 110           St James         2 090.00         1 897.00         1 080.00         1 510.00         1 680           Steenberg         660.00         2 195.00         2 027.00         160.00         1 485           Stellenbosch         978.50         1 15         1 15         1 15           Strand         1 720.00         2 410.00         1 330.00         2 250           Strandfontein         680.00         3 790.00         1 500.0         4 290.00         570.00         2 510           Table View         4 260.00         7 890.00         1 000.00         2 410.00         450.00         2 50           Tafelsig         680.80         350.00         2 831.00         1 595.50         2 68           Welcome Estate         380.00         990.00         180.00         390.00         460.00         340           Woodstock         3 000.00         1 980.00         1 160.00				850.00			5 925.00
Simon's Town         1 732.00         2 621.00         1 728.00         475.00         3 640           Somerset West         8 520.00         9 339.00         2 160.00         4 873.00         2 642.00         5 110           St James         2 090.00         1 897.00         1 080.00         1 510.00         1 680           Steenberg         660.00         2 195.00         2 027.00         160.00         1 485           Stellenbosch         978.50         1 155         1 155         1 155         1 330.00         2 250           Strand         1 720.00         2 410.00         1 330.00         2 250         2 50           Strandfontein         680.00         3 790.00         150.00         4 290.00         570.00         2 510           Table View         4 260.00         7 890.00         1 000.00         2 410.00         450.00         6 686           Tafelsig         680.80         350.00         2 831.00         1 595.50         2 687           Velcome Estate         380.00         990.00         180.00         390.00         460.00         340           Westridge         1 000.00         1 800.00         1 160.00         1 500           Woodstock         3 000.00							2 405.00
Somerset West         8 520.00         9 339.00         2 160.00         4 873.00         2 642.00         5 110           St James         2 090.00         1 897.00         1 080.00         1 510.00         1 680           Steenberg         660.00         2 195.00         2 027.00         160.00         1 485           Stellenbosch         978.50         1 155         1 155           Strand         1 720.00         2 410.00         1 330.00         2 250           Strandfontein         680.00         3 790.00         150.00         4 290.00         570.00         2 510           Table View         4 260.00         7 890.00         1 000.00         2 410.00         450.00         6686           Tafelsig         680.80         350.00         2 831.00         1 595.50         2 680           Vredenburg         2 438.00         3 143.00         2 831.00         1 595.50         2 680           Welcome Estate         380.00         990.00         180.00         390.00         460.00         340           Woodstock         3 000.00         1 980.00         1 160.00         2 540.00         1 630           Wynberg         5 350.00         3 220.00         510.00         2 110.00							3 640.00
St James       2 090.00       1 897.00       1 080.00       1 510.00       1 680         Steenberg       660.00       2 195.00       2 027.00       160.00       1 485         Stellenbosch       978.50       1 15         Strand       1 720.00       2 410.00       1 330.00       2 250         Strandfontein       680.00       3 790.00       150.00       4 290.00       570.00       2 510         Table View       4 260.00       7 890.00       1 000.00       2 410.00       450.00       6 686         Tafelsig       680.80       350.00       306.00       250         Vredenburg       2 438.00       3 143.00       2 831.00       1 595.50       2 687         Welcome Estate       380.00       990.00       180.00       390.00       460.00       340         Westridge       1 000.00       1 800.00       1 160.00       1 500         Wynberg       5 350.00       3 220.00       510.00       2 110.00       2 540.00       1 630         Unknown       780.00       16 735.34       115 709.30       62 331.46       126 602				2 160.00			5 110.50
Steenberg         660.00         2 195.00         2 027.00         160.00         1 485           Stellenbosch         978.50         1 15           Strand         1 720.00         2 410.00         1 330.00         2 250           Strandfontein         680.00         3 790.00         150.00         4 290.00         570.00         2 510           Table View         4 260.00         7 890.00         1 000.00         2 410.00         450.00         6 88           Tafelsig         680.80         350.00         306.00         250           Vredenburg         2 438.00         3 143.00         2 831.00         1 595.50         2 687           Welcome Estate         380.00         990.00         180.00         390.00         460.00         340           Westridge         1 000.00         1 800.00         1 160.00         1 500           Wynberg         5 350.00         3 220.00         510.00         2 110.00         2 540.00         1 630           Unknown         780.00         62 331.46         126 602							1 680.00
Stellenbosch         978.50         1 15           Strand         1 720.00         2 410.00         1 330.00         2 250           Strandfontein         680.00         3 790.00         150.00         4 290.00         570.00         2 510           Table View         4 260.00         7 890.00         1 000.00         2 410.00         450.00         6 686           Tafelsig         680.80         350.00         306.00         250           Vredenburg         2 438.00         3 143.00         2 831.00         1 595.50         2 687           Welcome Estate         380.00         990.00         180.00         390.00         460.00         340           Westridge         1 000.00         1 800.00         1 500         1 500         1 500           Wynberg         5 350.00         3 220.00         510.00         2 110.00         2 540.00         1 630           Unknown         780.00         655         655         655         665	•						1 485.00
Strand         I 720.00         2 410.00         I 330.00         2 250           Strandfontein         680.00         3 790.00         I50.00         4 290.00         570.00         2 510           Table View         4 260.00         7 890.00         I 000.00         2 410.00         450.00         6 686           Tafelsig         680.80         350.00         306.00         250           Vredenburg         2 438.00         3 143.00         2 831.00         I 595.50         2 687           Welcome Estate         380.00         990.00         I 800.00         390.00         460.00         340           Westridge         I 000.00         I 800.00         I 160.00         I 550           Wynberg         5 350.00         3 220.00         510.00         2 110.00         2 540.00         I 630           Unknown         780.00         655         780.00         62 331.46         126 602	-						1 157.10
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#### **Secrets of the Abbey**

A short story by Fr Ralph de Hahn

Only the ruins remain of the ancient Abbey of Frassinoro, situated in the Italian Apennines in the province of Modena. It is located 70 km South West of the northern capital city of Bologna, which was then Europe's great cultural and artistic centre. This once famous Abbey was one of the many Benedictine monasteries of Europe which stood majestic as a fortress – a sight to behold!

At its feet lay the 'Valley of the Poor' where many hundreds of homeless peasants dwelled in most unpleasant conditions. They looked up to the Abbey for food and covering for the winter months; but among them was a noisy bunch of rabble,whose leader was named 'Diabolo' by the Abbot, and they prompted the Abbey to close their doors in disgust.

The Abbot then was the kindly Father Bernardo, while the Master of Discipline was Father Giovanni who, as a religious, stood no nonsense. "This Diabolo and his rabble group are the children of the devil!" he would declare; but the response from the Abbot was always the same, "They are all God's children!" Brother Luke, kneeling quietly before the tabernacle, would simply sigh his approval. Brother Luke was himself a short hunchback with a bad foot, but a very pleasant loveable individual.

The story unfolds, as I recall it: the monks were industrious in making bread, caring for their vegetable garden and dairy products and, of course, the wine cellar.

The pantry was always well stocked. The well-fed monks gave testimony to that!

Now something evidently went wrong for there were instances when Master Giovanni began complaining food was disappearing from the pantry.

"I swear we had two cans of milk only yesterday, but now I don't know."

"You must be mistaken brother," commented the gentle Abbot, "nobody enters this Abbey but ourselves."

The following week Fr Giovanni was again on the warpath "Ten loaves of bread have disappeared.."

With a smile Father Bernardo replied "Then somebody among us has been extremely hungry, or maybe its the angels!"

"Angels like Diabolo, sure, but how do they get inside here?" grunted the Master of Discipline. So Father Giovanni set about searching every cell and every face; but every face reflected solemn innocence and peace, just like that of Brother Luke kneeling prayerfully in the chapel.

On the following occasion Father Giovanni roared, "There's a thief in this Abbey. The meat is running short, the bottles of wine are decreasing. Somebody must be responsible, for I know there are no secret tunnels in this Abbey."

"It just could be our rabble friend Diabolo, maybe the real one!!"

"Satan himself? No! How can any diabolical creature enter this house of God?"

Here was the problem. No devil intrusion, no secret passages, no



underground tunnels. It was the gentle Abbot who finally came up with a solution.

"Why not ask Father Ignatius who is the longest living monk in this Abbey, he would surely know about any secret tunnels in or out of this fortress."

The tension and confusion continued. Food missing, heads buzzing, while Brother Luke was quite content to pray for the house.

The secret came out when Father Ignatius, seeking an answer to the riddle, disguised himself as one of the desperate tramps and left the Abbey in the dark of night to join Diabolo and his rabble gang below. It was dark, the moon was hiding behind a cloud. And then it happened! From behind a bush attached to the wall of the fortress appeared a small dark figure, with a hood and black cloak. He deposited a large parcel of food - bread, vegetables, meat and cans of milk - and then disappeared behind the bush. The poor peasants ran to the spot joyfully, thanking the Lord!

Ignatius stared in utter amazement, "So" he muttered "there IS a secret tunnel from the Abbey. There is an 'apostle to the poor' among us."

The following morning the Abbot and the furious Master Giovanni asked the obvious question, "Well? Tell us?"

Brother Ignatius gave his report: "I witnessed a brother angel come out of nowhere with a parcel to feed the hungry and the sick."

"But who? and with our food? Our pantry is empty!"

Ignatius sighed, "All belongs to God. He provides for all of us, and also for the poor."

Father Giovanni persisted with his questioning: "Is there a secret tunnel in and out of this Abbey?"

"That I do not know" replied the witness, "but this I DO know – God's ways are not our ways."

The infuriated Master of Discipline rushed to the chapel, fell on his knees before the Eucharistic presence, and put his questions to the Lord. And there in the front pew was the small deformed figure of Brother Luke, eyes closed, hands innocently folded, and far away in prayer.



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## FOR CHRONICALLY ILL CHILDREN EST 1935

# Dicklin's road to recovery

holistic therapy, Dicklin Goosen is going from strength to strength.

Learning that your child was involved in an accident is every parent's worst nightmare. And for the Goosens from Wellington, that fateful day was 1 December 2021, when their seven-yearold son Dicklin Goosen was hit by a car. The accident left Dicklin with a severe traumatic brain injury, a skull fracture and harm to his right eye - which meant multidisciplinary therapy was needed to ensure he made some form of recovery. Dicklin was referred to St Joseph's Home and was admitted on 5 February 2022.

"Upon admission, he was wheelchairbound and needed complete assistance for all activities of daily living such as bathing, eating, dressing and even playing," says occupational therapist, Kashiefa Creighton. "Dicklin received intense rehabilitation and was seen for occupational therapy, physiotherapy and speech therapy. And as part of his rehabilitation process, he attended St Joseph's School daily."

His smile grew each day and his fierce fighting spirit aided his progress, and now, after only six months of holistic care, Dicklin has made remarkable progress in all aspects of his daily living. "He is able to walk short distances independently and uses a walking frame for long distances. His improved mobility enables him to enjoy a variety of activities and he particularly enjoys playing in the park on his favourite ride, the merry-go-round," adds Kashiefa. In 2020, St Joseph's Home launched a specialised play park that was customised for children with disabilities a great tool in therapy and inclusive play.



in rehabilitation of survivors with acquired brain injuries is the ability of the brain and body to work together in a synchronised way, which is called cognitive-motor ability, co-ordination and dexterity, in our terms," Kashiefa explains. "Dicklin has improved so much that he has retained all his basic learning skills and has overcome most of his classroom challenges. He is able to write with improved pencil control and is also able to use technology such as the classroom tablet for certain integrated learning activities."

We would like to take this opportunity to acknowledge Dicklin's parents. As St Joseph's Home, we would not have achieved our therapeutic goals without the input and assistance of his dedicated parents who played a pivotal role in his rehabilitation.







Providing care, free of charge, for children with chronic or life-limiting conditions St Joseph's acts as a bridge between acute hospital care and the child going home. Holistic treatment is provided to patients which includes 24-hour nursing care and rehabilitation. A child's stay is, on average, 6 months.

As a non-profit organisation St Joseph's relies on donations to give the children the care they need and make them as comfortable as possible.

DONATE AND CHANGE THE LIFE OF A SICK CHILD: www.stjosephshome.org.za/donate

To organise a visit and tour of St Joseph's please call (021) 934 0352. Visitors are so welcome.

## Thanksgiving Mass

We held our annual Thanksgiving Mass on Wednesday, 14th September 2022. The Mass is a celebration of a year of blessings and heartfelt thanks to our supporters, donors, friends, families, staff and children. We are truly grateful for the love and support we have received for the past 87 years, and continue to receive from everyone who make it possible for us to serve the vulnerable children in our care.







sided over by Archbishop Stephen Brislin and concelebrated by guest priests Our school choir performed a few choruses, while the older girls inspired the guests with their liturgical dancing (above). **Religious Sisters** from different orders enjoyed the celebration helow). Close to 200 guests attended (left).

Mass was pre-

